

# Primary Lunch Menu 2026/27

## QUALITY INGREDIENTS

- All our eggs are free range
- Our lentils, peas and oats are locally sourced in Scotland.
- Our fish products are MSC (Marine Stewardship Council) for sustainability
- Our chicken dishes are made using Red Tractor Chicken
- All our fruit and vegetables are locally sourced from Total Produce and are Scottish where possible
- All of our milk is locally sourced by Graham's Dairies
- All our butcher meat is QMS (Quality Meat Scotland)
- Our mince, steak, pork & chicken sausage and beef burger mince are all locally sourced by Campbells Prime Meat in Linlithgow



## CHOICE OF MEALS & DIETARY REQUIREMENTS

Dundee, Angus and Perth & Kinross Councils' Education Departments in partnership with Tayside Contracts offer a great choice of meals for primary pupils. The varied school lunch menu meets all the nutritional standards set by the Scottish Government.

**My child has a dietary requirement, can they have school lunches?**  
Adapted menus can be provided for children on medically prescribed diets to treat a specific condition, allergies or intolerances to any of the 14 main allergens. An adapted menu is based on the current school menu, excludes items to which a pupil is intolerant/allergic, and adapts recipes for menu options where possible. Please note that this does not mean we can provide specialist items specific to your child, we can only adapt the menu using products from our supply chain.

As there are no nuts, peanuts or sesame seeds in any dishes on the menu, Tayside Contracts does not provide adapted menus for nut, peanut or sesame seed allergies. All products with a 'may contain' declaration for nuts, peanuts and sesame seeds are highlighted on the menu with the appropriate icon and can be found in our may contain disclaimer on our website. Please refer to the Tayside Contracts website for access to our Nutrition & Allergen Gateway along with our recipe book so you can try some of our recipes at home.

**How do I make these arrangements for my child?**  
Adapted Menu Request Forms can be found on the Tayside Contracts School Catering web page:  
[www.taysidecontracts.co.uk/catering/school-catering](http://www.taysidecontracts.co.uk/catering/school-catering)

A copy of any medical confirmation from a health professional which details your child's allergens/intolerances, should be provided where possible.

## FREE SCHOOL MEAL ENTITLEMENT

Angus, Dundee and Perth and Kinross Councils are encouraging parents and carers with children in P6 or P7 to check if they are entitled to free school meals for their children. This is worth over £420 per annum!

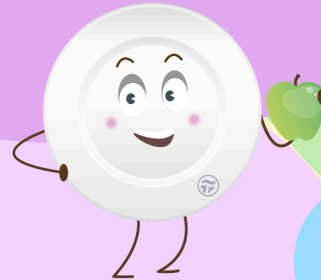
A great choice of meals are available for primary pupils, offering healthier lunch options and the chance to spend time with their friends in a welcoming environment. Free school meal provision is confidential and school systems maintain the anonymity of children and families.

For more information on how to claim free school meals for pupils in primary 6-7, please see the links below:

Angus: [https://www.angus.gov.uk/schools\\_and\\_young\\_people/free\\_school\\_meals\\_and\\_school\\_clothing\\_grants](https://www.angus.gov.uk/schools_and_young_people/free_school_meals_and_school_clothing_grants)

Dundee: <https://www.dundee.gov.uk/service-area/children-and-families-service/education/school-meals>

Perth & Kinross: <https://www.pkrc.gov.uk/freeschoolmeals>



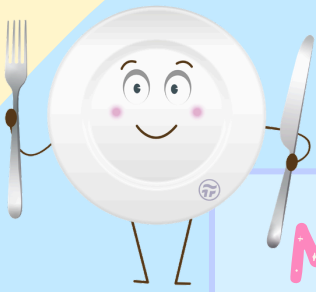
## INFORMATION ON SCHOOL MEALS

We can provide packed lunches all year round for school trips and class outings

**FREE SCHOOL MEALS FOR ALL P1-5 PUPILS**  
No application process necessary. Save up to £45 a month per child. That's around £420 a year!

We would love to hear your thoughts and suggestions  
Please email us at [schoolmeals@tayside-contracts.co.uk](mailto:schoolmeals@tayside-contracts.co.uk)

Look out for our School Meals Newsletters throughout the year, and if you haven't already, don't forget to follow us on our dedicated school meals Instagram - @TCSchoolFood



# Primary Lunch Menu 2026/27

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### Week 1

20 April  
18 May  
15 June  
13 July  
10 August  
7 September  
5 October  
2 November  
30 November  
28 December  
25 January  
22 February  
22 March

Milkshake (V)  
**Savoury Sausage Roll with Seasoned Diced Potatoes & Baked Beans (Ve\*)**  
 Tomato & Pesto Pasta\* with Garlic Bread (V)  
 Fiesta Bean Pitta with Salad Selection (Ve\*)  
 Sweetcorn (Ve)  
 Fruit of the Day with Banana Cake (V)

Lentil Soup (Ve)  
**Cheese Finger Roll\*\* with Salad Selection (V)**  
 Crispy Chicken Goujons with Mashed Potatoes & Baked Beans  
 Traditional Mince with Yorkshire Pudding & Mashed Potatoes  
 Green Beans (Ve)  
 Fruit of the Day (Ve)

**Homestyle Beef Lasagne with Crusty Bread**  
 Breaded Fish Nibbles with Mashed Potatoes & Baked Beans  
 Baked Bean Baked Potato with Salad Selection (Ve)  
 Broccoli & Cauliflower (Ve)  
 Fruit of the Day with Sticky Toffee Pudding & Custard (V)

Sliced Melon Medley (Ve)  
**Harvest Bake (V)**  
 Sunshine Chicken Curry\*^A with Rice & Chapati Bread  
 Pepperoni Pizza Slice with Seasoned Diced Potatoes  
 Peas & Carrots (Ve)  
 Fruit of the Day (Ve)

**Mild Quorn Curry with Rice & Chapati Bread (V)**  
 Breaded Fish with Chips  
 Crispy Chicken Burger with Crunchy Coleslaw  
 Peas (Ve)  
 Fruit of the Day with Chocolate Oatie (Ve)

### Week 2

27 April  
25 May  
22 June  
20 July  
17 August  
14 September  
12 October  
9 November  
7 December  
4 January  
1 February  
1 March  
29 March

Milkshake (V)  
**Sweet Tomato & Pepper Soup (Ve)**  
**Lentil Pasta Bolognese with Garlic Bread (Ve\*)**  
 Ham & Cheese Sandwich Triangles with Sweet Chilli Pasta  
 Sweet & Sour Chicken Fillet with Rice  
 Broccoli (Ve)  
 Fruit of the Day (Ve)

**Chicken Sausages in Gravy with Yorkshire Pudding & Seasoned Diced Potatoes**  
 Pasta Carbonara with Crusty Bread  
 Golden Quorn Dippers with Seasoned Diced Potatoes & Baked Beans (Ve)  
 Peas & Carrots (Ve)  
 Fruit of the Day with Tiffin (V)

**Rainbow Veggie Sticks with Dip (V/Ve)**  
**Traditional Steak Pie with Mashed Potatoes**  
 Classic Macaroni Cheese with Garlic Bread (V)  
 Chicken Mayo Wrap with Sweet Chilli Pasta  
 Mixed Vegetables (Ve)  
 Fruit of the Day (Ve)

**Cheese & Tomato Pizza Slice with Seasoned Diced Potatoes (V)**  
 Quorn Dog Roll\*\* with Seasoned Diced Potatoes & Baked Beans (V)  
 Mixed Pepper Frittata with Crunchy Coleslaw & Crusty Bread (V)  
 Broccoli (Ve)  
 Fruit of the Day with Butterscotch Cookie (V)

**Sweet Potato & Coconut Curry with Rice & Chapati Bread (Ve)**  
 Golden Fish Fingers with Chips & Baked Beans  
 Tangy BBQ Chicken Pasta with Crusty Bread  
 Peas (Ve)  
 Fruit of the Day with Ice Cream (V)

### Week 3

6 April  
4 May  
1 June  
29 June  
27 July  
24 August  
21 September  
19 October  
16 November  
14 December  
11 January  
8 February  
8 March

Milkshake (V)  
**Creamy Chicken Pie with Seasoned Diced Potatoes**  
 Mild Quorn Tikka Curry with Rice & Chapati Bread (V)  
 Beef Burger with Seasoned Diced Potatoes  
 Broccoli (Ve)  
 Fruit of the Day with Chocolate Sponge (V)

Lentil & Tomato Soup (Ve)  
**Beef Pasta Bolognese with Garlic Bread**  
 Crispy Chicken Goujons with Potato Wedges  
 Tangy BBQ Pizza Slice with Sweet Chilli Pasta (V)  
 Mixed Vegetables (Ve)  
 Fruit of the Day (Ve)

**Savoury Sausage Roll with Chips & Baked Beans (Ve\*)**  
 Creamy Tomato Pasta with Crusty Bread (V)  
 Coronation Chickpea Pitta with Pasta Salad (V)  
 Carrots & Green Beans (Ve)  
 Fruit of the Day with Shortbread (Ve)

Pitta Strips with Dip (V/Ve\*)  
**Meatball Marinara Sub\*\* with Salad Selection**  
 Cheese Sandwich Triangles with Crunchy Coleslaw (V)  
 Breaded Fish Nibbles with Mashed Potatoes & Baked Beans  
 Sweetcorn (Ve)  
 Fruit of the Day (Ve)

**Tomato & Pepper Lasagne with Salad Selection (V)**  
 Breaded Fish with Chips  
 Beef Chilli Con Carne with Rice  
 Peas (Ve)  
 Fruit of the Day with Lemon Drizzle Cake (V)

### Week 4

13 April  
11 May  
8 June  
6 July  
3 August  
31 August  
28 September  
26 October  
23 November  
21 December  
18 January  
15 February  
15 March

Milkshake (V)  
**Carrot & Coriander Soup (Ve)**  
**Classic Macaroni Cheese with Tomato Bread (V)**  
 Country Veg Casserole with Yorkshire Pudding & Seasoned Diced Potatoes (V)  
 Golden Quorn Dippers with Seasoned Diced Potatoes & Baked Beans (Ve)  
 Peas (Ve)  
 Fruit of the Day (Ve)

**Crispy Chicken Burger with Potato Wedges**  
 Zingy Tomato Pasta with Crusty Bread (Ve\*)  
 Tex Mex Beef Taco with Potato Wedges  
 Mixed Vegetables (Ve)  
 Fruit of the Day with Chocolate Cookie (V)

**Cheesy Garlic Bread (V)**  
**Quorn Dog Roll\*\* with Sweet Chilli Pasta (V)**  
 Ham & Cheese Pizza Slice with Sweet Chilli Pasta  
 Mild Chicken Korma with Rice & Chapati Bread  
 Broccoli & Cauliflower (Ve)  
 Fruit of the Day (Ve)

**Pork Sausages with Mashed Potatoes & Baked Beans**  
 Cajun Vegetable Burger with Pasta Salad (V)  
 Italian Style Chicken Fillet with Pasta & Crusty Bread  
 Sweetcorn (Ve)  
 Fruit of the Day with Strawberry Sponge (V)

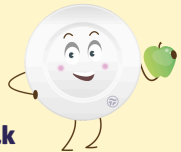
**Mild Lentil Curry with Rice & Chapati Bread (Ve)**  
 Breaded Fish with Chips & Baked Beans  
 Sliced Chicken Roll with Rice Salad  
 Peas (Ve)  
 Fruit of the Day with Jelly (Ve)

(V) Vegetarian  
(Ve) Vegan  
(Ve\*) May contain egg/milk  
\*\*May contain sesame  
^ May contain peanuts

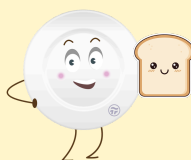
Scan the QR code to view nutrition and allergen information



Balanced food fuelling your school days!



Fruit, vegetables and salad are available daily



Bread is available daily



Yoghurt is also offered as an alternative on dessert days

