

NEW GUIDANCE FOR COVID CASES IN COUPAR ANGUS

Public health guidance for workers at the 2 Sisters factory in Coupar Angus has changed. Now, in addition to factory workers being asked to self-isolate until 31 August, their households are also being asked to self-isolate.

This means anyone living in the same household must stay home until 31 August, and only leave to get a COVID-19 test. Even if people in the household test negative and no-one displays symptoms, they must still stay home. This includes children, who must not attend school.

- 1. Do not go to work, school, shops or any other public places
- 2. Do not use public transport
- 3. Do not go out to get food and medicine order it online or ask someone to bring it to your home
- 4. Do not have visitors in your home
- 5. Do not go out to exercise
- 6. Children should not go to school

This only applies to the children of factory workers. In other cases where an individual has been told they are a close contact of a positive case and should self-isolate, their household members do not need to self-isolate.

Families who need help with shopping for food while self-isolating should call 0345 30 111 00.

If you have a new cough, temperature or loss of sense of taste of smell, stay at home and call 0800 028 2816 or go to <u>www.NHSinform.scot/test-and-protect</u> to book a test.