

PRIMARY MENU - AUGUST to OCTOBER 2020

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

17th August
14th September

Chicken Mayo Sandwich
Cheese Roll (V) 
Salad
Crusty Bread
Strawberry & Vanilla Mousse with Fruit

Tuna Mayo Wrap
Tomato Pasta (Ve)
Salad
Crusty Bread
Gingerbread Men with Fruit 

Ham Finger Roll 
Red Pesto & Mozzarella Pasta (V) 
Salad
Crusty Bread
Yoghurt

Sweet Chilli Chicken Pasta
Egg Mayo Finger Roll (V) 
Salad
Crusty Bread
Madeira Cake with Fruit 

Ham Sandwich
Cheese & Tomato Quiche (V)
Salad
Crusty Bread
Ice Cream with Fruit

WEEK 2

24th August
21st September

Chicken Mayo Sandwich
Tomato Pasta (Ve)
Salad
Crusty Bread
Banana Loaf with Fruit

Tuna & Sweetcorn Pasta
Cheese Finger Roll (V) 
Salad
Crusty Bread
Melon

Ham Finger Roll 
Egg Mayo Wrap (V)
Salad
Crusty Bread
Cheese & Crackers with Fruit

Chicken Pasta
Cheese Sandwich (V)
Salad
Crusty Bread
Yoghurt

Tuna Mayo Wrap
Cheese & Tomato Quiche (V)
Salad
Crusty Bread
Ice Cream with Fruit

WEEK 3

31st August
28th September

BBQ Chicken Pasta
Cheese Sandwich (V)
Salad
Crusty Bread
Gingerbread Men with Fruit 

Ham Finger Roll 
Quorn Mayo Pasta (V)
Salad
Crusty Bread
Strawberry & Vanilla Mousse with Fruit

Tuna Mayo Pasta
Sliced Egg Roll (V) 
Salad
Crusty Bread
Madeira Cake with Fruit 

Red Pesto Chicken Pasta 
Cheese Roll (V) 
Salad
Crusty Bread
Yoghurt

Ham Sandwich
Cheese & Tomato Pasta (V)
Salad
Crusty Bread
Ice Cream with Fruit

WEEK 4

10th August
7th September

Tuna Mayo Finger Roll 
Sweet Chilli Quorn Pasta (V)
Salad
Crusty Bread
Banana Loaf with Fruit

Ham Sandwich
Egg Mayo Wrap (V)
Salad
Crusty Bread
Yoghurt

Chicken Mayo Finger Roll 
Cheese & Onion Quiche (V)
Salad
Crusty Bread
Cheese & Crackers with Fruit

Chicken & Tomato Pasta
Cheese Mayo Wrap (V)
Salad
Crusty Bread
Melon

Ham Roll 
Cheese & Egg Mayo Finger Roll (V) 
Salad
Crusty Bread
Ice Cream with Fruit

Tayside Contracts believes in providing quality meals using quality ingredients. Where possible we use locally sourced products.

ALL OUR EGGS ARE **FREE RANGE**



ALL OUR FISH PRODUCTS ARE MSC (MARINE STEWARDSHIP COUNCIL) FOR **SUSTAINABILITY**



ALL OUR CHICKEN DISHES ARE MADE USING **RED TRACTOR CHICKEN** OUR LENTILS, PEAS, CHEESE AND OATS ARE **LOCALLY SOURCED** IN SCOTLAND

OUR FRESH FRUIT AND VEGETABLES ARE SOURCED LOCALLY FROM TOTAL PRODUCE AND IS **SCOTTISH** WHERE POSSIBLE
TotalProduce
Let's Grow Together

ALL OF OUR MILK IS LOCALLY SOURCED BY D&D DAIRIES IN CRIEFF



ALL OUR **BUTCHERMEAT IS QMS (QUALITY MEAT SCOTLAND)** OUR MINCE, ROAST BEEF, STEAK, SAUSAGES AND BEEF BURGERS ARE ALL LOCALLY SOURCED BY CAMPBELLS PRIME MEAT IN LINLITHGOW



All nutritional information for Tayside Contracts school meals can be found on our website.

Fruit and Yoghurt available daily. Unlimited bread, vegetables and salads daily.

 † May contain Nuts

 * May contain Sesame Seeds

(V) Vegetarian

(Ve) Vegan

Tayside  contracts