

UNITED KINGDOM TAEKWON-DO COUNCIL

TAEKWON-DO



TAEKWON-DO - the worlds most popular martial art taught by the UK's leading Taekwon-Do organisation. Ideal for all ages (5 years & above).

Bo'ness

Matty Steele Building
Wednesday 5.30 - 6.30pm

Bonnybridge

Bonnybridge Community Centre
Thursday 5.00 - 6.00pm

Denny

Denny Sports Centre
Thursday 6.30 - 7.30pm

Falkirk

Ettrick Dochart Community Hall
Friday 4.50 - 5.50pm

Grangemouth

Sports Complex
Monday 6.00 - 7.00pm
Monday 7.00 - 8.00pm (Advanced)
Thursday 6.00 - 7.00pm
Thursday 7.00 - 8.00pm (Advanced)

Larbert

Larbert High School
Thursday 6.00 - 7.00pm

Linlithgow

St. Ninian's Craigmalen Church Hall
Saturday 11.00am - 12.00pm

Polmont

**Polmont Community Hub
(Greenpark Community Centre)**
Friday 6.15 - 7.15pm

Parish Church Hall
Saturday 12.30 - 1.30pm

Working in Partnership
with Falkirk Active Schools



Book your free trial lesson online now at
WWW.UKTC.CO.UK
or phone 01786 845060



FREE TRIAL LESSON



LITTLE TIGER CUBS CLASSES FOR 3-5 YEAR OLDS OVERLEAF





sportscotland
activeschools
FALKIRK Accredited Club
Valid until Nov 2027

Working in Partnership
with Falkirk Active Schools

THE FUN MARTIAL ARTS TRAINING SYSTEM FOR CHILDREN 3-5 YEARS OLD

- 🐾 Learn Through Play
- 🐾 Have Fun
- 🐾 Develop Flexibility
- 🐾 Improve Balance & Co-ordination
- 🐾 Learn Respect
- 🐾 Increase Self Confidence
- 🐾 Learn Basic Self Defence



CLASSES IN YOUR AREA

Bo'ness	Matty Steele Building
Bonnybridge	Bonnybridge Community Centre
Falkirk	Etrick Dochart Community Hall
Grangemouth	Sports Complex
Grangemouth	Sports Complex
Larbert	Larbert High School
Polmont	Parish Church Hall

Wednesday 4.30-5.15pm
Thursday 4.00-4.45pm
Friday 4.00-4.45pm
Monday 5.00-5.45pm
Thursday 5.00-5.45pm
Thursday 5.00-5.45pm
Saturday 9.30-10.15am



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TAEKWON-DO CLASSES FOR ALL AGES (5 YEARS+) OVERLEAF

