



 **NYCOS** NATIONAL YOUTH CHOIR OF SCOTLAND

Building your child's confidence, friendships, and skills through singing

NYCOS runs a choir for for 7-18 year olds in *your* area...

Why Singing Matters...

Singing is more than just making music - it's a *powerful way* for children to grow.



Confidence & Self-Esteem

Singing helps children find their voice, both literally and figuratively. Performing with others builds courage and pride in what they can do.



Learning & Development

From language and memory to focus and listening skills, singing supports a child's learning in school and beyond.



Friendship & Community

Choirs create a sense of belonging. Children make new friends, work as a team, and feel part of something special.



Joy & Expression

Singing gives children a way to express themselves, release emotions, and experience the simple joy of making music.

Why NYCOS?

Expert Musical Training: Led by highly trained choir leaders, every rehearsal is designed to help young singers grow in skill and confidence.

Proven Progression Pathways: From local Area Choirs to our world-class National Choirs, NYCOS offers a clear path for those who want to take their singing further.

Inclusive & Supportive Environment: We welcome all young voices. Whether your child sings constantly at home or is just discovering their love for music, they'll feel encouraged and included.

More Than Just Singing: At NYCOS, your child will learn teamwork, discipline, musical literacy and they'll have a great time doing it. Many of our members say choir is the highlight of their week!

National Reach, Local Feel: With 13 choirs across Scotland, your child can enjoy the quality of a national organisation, close to home. Members of our Regional Choirs can also have the opportunity to sing with other choirs in bigger events.

About NYCOS

NYCOS (The National Youth Choir of Scotland) helps young people discover their love for singing. Founded in 1996, NYCOS supports children and young people to reach their vocal potential and promotes choral singing across Scotland.

In the past decade NYCOS National Choirs have toured the UK, US and Europe. They've sung for heads of state, international festivals, streaming giants, appeared on world famous stages and scored five star reviews. And many of them started out at one of our Regional Choirs. If your child loves making music, we'd love to meet them.

Joining your NYCOS Regional Choir could be the path to appearing on international stages.

NYCOS Regional Choirs

We run fourteen Regional Choirs **for ages 7-18**, where experienced music leaders help young singers learn, grow, and sing together. Regional Choir members attend weekly rehearsals during term time. Rehearsal time is split between:

- **Singing Rehearsals** – Young singers work on exciting, age-appropriate repertoire, learning harmony, expression, and vocal technique in a supportive group setting.
- **Musicianship Lessons** – Every week, children take part in a 30 minute fun, games based musicianship class to build their musical skills. These lessons follow a progressive pathway with Bronze, Silver, and Gold Award Certifications. Our Gold 2 Award is accredited by ABRSM and recognised as the equivalent of Grade 5 Music Theory.

Children also take part in two showcase concerts each year - one in Winter and one in Summer, giving them the chance to perform on stage and celebrate their progress with family and friends.

Try a Choir Taster Session!

We're running fun taster sessions where your child can join in, sing some songs, and play our famous musicianship games. Afterwards, you can decide if you'd like them to become a member.



Scan the QR code to find out when the next session is happening near you.

I can't tell you how highly we regard NYCOS and how much it has done to educate and inspire his musicality.

PARENT OF A NYCOS REGIONAL CHOIR MEMBER

Our Regional Choirs run for 26 weeks during the academic year, and there is a membership fee to take part. However, we are committed to being inclusive and believe that no child should miss out on high-quality musical opportunities due to financial circumstances. When you decide to join, you'll have the option to apply for financial assistance, which can cover up to 100% of the membership cost.

Find out more and sign up today at nycos.co.uk



- > Aberdeen
- > Angus
- > Dumfries
- > Dundee
- > Edinburgh
- > Falkirk
- > Inverness
- > Isle of Lewis
- > Midlothian
- > Renfrewshire
- > Stirling
- > West Lothian
- > Perth Boys



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I've made some really close friends that I see out of NYCOS as well. No-one judges and it's just a really happy place.

NYCOS REGIONAL CHOIR MEMBER

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National Youth Choir of Scotland (known as NYCOS) is a charity registered in Scotland, No: SC024899
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