



EDUCATION RESOURCES

EXECUTIVE DIRECTOR Tony McDaid

Headteacher **Mrs Maria Neil**

Greenburn School

Our ref:

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Date: **29th April 2021**

Health Week

Tuesday 4th, Wednesday 5th and Friday 7th May

We are very excited to be having our health week next week and have lots of great activities planned for the days we are in school next week. We will be focussing on different aspects of health each day. On Tuesday we will focus on physical health and will have our sports day. Active schools will be coming to help us have lots of fun taking part in different activity stations and some traditional sports day races. In the afternoon we will have a special award ceremony with a special prize for all of the children. Your child can come dressed in their sports gear that day if they would like. Unfortunately, due to the restrictions in place at the moment we are unable to invite parents to this event. We will take lots of photographs and share them on the school app and facebook page.

On Wednesday we are focussing on healthy eating and have a fun smoothie making challenge for the children and on Friday we will focus more on mental and emotional health and all take part in some relaxation type activities.

As Tuesday is the start of health week we are launching our new healthy initiative – ‘Miles in May!’ Throughout May each class will be competing against each other to see how many miles they can walk throughout May. Classes will be counting their miles each time they go out for a walk – only outdoor miles count! We would love your help to boost the totals. Please let us know on Google Classroom about any miles you walk at home and they will be added to your child’s class total. We will be announcing the class totals each Friday at assembly. A special prize awaits for the class with the most miles at the end of May!

We are looking forward to an exciting week and a healthy, fit month of May!

Many thanks,

Pamela Walker

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