

**Primary Schools Summer 2020 Allergens** 

If you would like this information in another language or format, please contact us to discuss how best we can meet your needs.

Phone 0303 123 1015 or email equalities@southlanarkshire.gov.uk

				-	Allerge	n infor	mation								
	Cereals containing gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week one Monday		· Me	2	Milk		MUSTAGO	agen also:			T <sub>i</sub>				O UK	✓
Fresh fruit															✓
Lentil Soup															✓
Banana sponge	✓			✓	*			✓				*		*	
Spaghetti bolognaise	✓														
Crusty Bread	✓														
Homemade chicken sausage pastry	✓			✓	✓									✓	
Quorn sausage pastry	✓			✓				✓							
Mashed potatoes				✓											
Baked beans															✓
Cut green beans															✓
Tuna mayo baguette	✓							✓	✓						
Sandwich with cheese	✓			✓	✓							*			
Sandwich with tuna mayo	✓				✓			✓	✓			*			
Side salad															✓
Water															✓
Home baked bread brown (86206)	✓			*	✓			*							
Home baked bread white (86205)	✓			*	✓			*							
La boulangerie Half/Half bread	✓				✓							*			
Baguettes white	✓														
Hellmann's Mayonnaise - authorised use only				<b>✓</b>		✓		✓							

PS Summer 2020 Menu UPDATED: 07.2020

\*May contain Traces of this Allergen

				All	ergen i	nforma	ation								
	Cereals containing gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week one Tuesday			2	Mik		(wustneed)	Heles Hoos			T <sub>A</sub>					✓
Fresh fruit															✓
Breadsticks	✓			*	*							*			
Mayonnaise dip								✓							
Yoghurt (Rowan Glen)				✓											
Cheese and tomato pizza (Grande)	✓			✓									*		
Arrabiata pasta pot	✓														
Macaroni Cheese	✓			✓											
Pitta bread strips	✓														
Firecracker pizza	✓			✓	*			✓							
Broccoli															✓
Sweetcorn															✓
Chicken baguette	✓			*											
Chicken (Campbells) Bank Holiday use ONLY				*											
Sandwich with cheese	<b>✓</b>			✓	✓							*			
Sandwich with tuna mayo	✓				✓			✓	✓			*			
Side salad															✓
Water															✓
Home baked bread brown (86206)	✓			*	✓			*							
Home baked bread white (86205)	✓			*	✓			*							
La boulangerie Half/Half bread	✓				✓							*			
Baguettes white	✓														
Hellmann's Mayonnaise - authorised use only Gluten Free alternatives for many				✓		✓		✓							

				Aller	gen inf	ormati	on								
	Cereals containing gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week one Wednesday		S.		Mik	£	MUSTAGO		<b>S</b>		¥			***		✓
Fresh fruit															✓
Tomato soup															<b>✓</b>
Flapjack	<b>✓</b>			*	*			*							
Cheesy beano	✓			✓	✓							*			
Turkey meatballs in gravy															✓
Mashed potatoes				✓											
Vegetable curry				*		✓								✓	
Boiled rice															✓
Naan bread	✓			✓											
Peas															✓
Coleslaw	*			*	*	*		✓					*	*	
Ham baguette	✓			*											
Ham (Campbells) Bank Holiday use ONLY				*											
Sandwich with cheese	✓			✓	✓							*			
Sandwich with tuna mayo	✓				✓			✓	✓			*			
Side salad															✓
Water															✓
Home baked bread brown (86206)	✓			*	✓			*							
Home baked bread white (86205)	✓			*	✓			*							
La boulangerie Half/Half bread	✓				✓							*			
Baguettes white	<b>√</b>														
Hellmann's Mayonnaise - authorised use only				✓		✓		✓							

				Allerg	en info	rmatio	n								
	Cereals containing gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week one Thursday	W.	No.	De la companya della companya della companya de la companya della	Milk		(MUSTAGO)	Picor)			Y.				- Total	✓
Fresh fruit															✓
Breadsticks	✓			*	*							*			
Mayonnaise dip								✓							
Yoghurt (Rowan Glen)				✓											
Sausage in finger roll	✓		*	*	*	*						*		✓	
Wedges															✓
Chicken in a bun	✓			*	✓			*				*			
Quorn dippers	✓			✓				✓							
Beans															✓
Sweetcorn															✓
Ham sandwich	✓			*	✓							*			
Sandwich with cheese	✓			✓	✓							*			
Sandwich with tuna mayo	✓				✓			✓	✓			*			
Side salad															✓
Water															✓
Home baked bread brown (86206)	1			*	1			*							
Home baked bread white (86205)	✓			*	1			*							
La boulangerie Half/Half bread	1				✓							*			
Baguettes white	✓														
Hellmann's Mayonnaise - authorised use only Gluten Free alternatives for many dis				✓		✓		✓							

				Alle	rgen i	nforma	tion								
	Cereals containing gluten	Peanuts	Nuts	Miik	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week one Friday		Se	The state of the s	Milk		(MUSTARO)	Hours South			***			***	100	✓
Fresh fruit															✓
Cucumber batons															✓
Mayonnaise dip								✓							
Banana sponge	✓			✓	*			✓				*		*	
Fish fingers	✓								✓						
Chips															✓
Chips fried in oil used for fish	1								✓						
Tomato Sauce portion															<b>✓</b>
Salmon nibbles	1								1						
Sweet Chilli Noodles	✓				✓			1							
Baked potato															✓
Beans															✓
Carrots															✓
Tuna mayo pasta pot	✓							✓	✓						
Sandwich with cheese	1			✓	✓							*			
Sandwich with tuna mayo	✓				✓			✓	✓			*			
Side salad															✓
Water															1
Home baked bread brown (86206)	1			*	✓			*							
Home baked bread white (86205)	✓			*	✓			*							
La boulangerie Half/Half bread	✓				✓				İ			*	İ		
Baguettes white	<b>✓</b>														
Hellmann's Mayonnaise - authorised use only				✓		1		1							

				All	ergen i	nforma	ation								
	Cereals containing gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week two Monday			2	Milk		MAGTA60)	DESCRIPTION OF THE PROPERTY OF			¥#				- Total	✓
Fresh fruit															✓
Breadsticks	✓			*	*							*			
Mayonnaise dip								✓							
Yoghurt (Rowan Glen)				✓											
Chicken curry				*		✓									
Boiled rice															✓
Naan bread	✓			✓											
Vegetable curry				*		✓								✓	
Cheesy toastie	✓			✓	✓							*			
Sweetcorn															✓
Carrots															✓
Peas															✓
Cheese baguette	✓			✓											
Sandwich with cheese	✓			✓	✓							*			
Sandwich with tuna mayo	✓				✓			✓	✓			*			
Side salad															✓
Water															✓
Home baked bread brown (86206)	✓			*	✓			*							
Home baked bread white (86205)	✓			*	1			*							
La boulangerie Half/Half bread	✓				✓							*			
Baguettes white	✓														
Hellmann's Mayonnaise - authorised use only				✓		✓		✓							

				Al	lergen	inform	ation								
	Cereals containing gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week two Tuesday	No.		2	Mik	£	(MUSTAGO)	Box			¥ <sub>#</sub>			****	0	✓
Fresh fruit															✓
Lentil Soup															✓
Plain Cookie	✓			✓	*			✓							
Spaghetti bolognaise	✓														
Quorn bolognaise	✓							✓							
Crusty Bread	✓														
Sausage	✓		*	*	*	*								✓	
Mashed potatoes				✓											
Cut green beans															✓
Baked beans															✓
Chicken sandwich	✓			*	✓							*			
Chicken (Campbells) Bank Holiday use ONLY				*											
Sandwich with cheese	✓			✓	✓							*			
Sandwich with tuna mayo	✓				✓			✓	✓			*			
Side salad															✓
Water															✓
Home baked bread brown (86206)	✓			*	✓			*							
Home baked bread white (86205)	✓			*	<b>✓</b>			*							
La boulangerie Half/Half bread	✓				✓							*			
Baguettes white	✓														
Hellmann's Mayonnaise - authorised use only				✓		✓		✓							

				Aller	rgen in	format	ion								
	Cereals containing gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week two Wednesday				Milk	£	(MUSTAGO)	Escal Book			T <sub>A</sub>			***		✓
Fresh fruit															1
Breadsticks	✓			*	*							*			
Mayonnaise dip								✓							
Breadsticks	✓			*	*							*			
Mayonnaise dip								✓							
Yorkshire puddings	✓			✓				✓							
Baby Potatoes															✓
Macaroni cheese	✓			✓											
Pitta bread strips	✓														
Carrot & turnip mash															✓
Peas															✓
Ham sandwich	✓			*	✓							*			
Ham (Campbells) Bank Holiday use ONLY				*											
Sandwich with cheese	✓			✓	✓							*			
Sandwich with tuna mayo	✓				<b>✓</b>			✓	<b>~</b>			*			
Side salad															✓
Water															✓
Home baked bread brown (86206)	✓			*	✓			*							
Home baked bread white (86205)	✓			*	✓			*							
La boulangerie Half/Half bread	✓				✓							*			
Baguettes white	✓														
Hellmann's Mayonnaise - authorised use only Gluten Free alternatives for many dis				✓		✓		✓							

<sup>\*</sup> May contain Traces of this Allergen

				Alle	ergen i	nforma	tion								
	Cereals containing gluten	Peanuts	Nuts	Miik	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week two Thursday		· Me	2	Mik		(MIL/575400)		<b>A</b>		T <sub>i</sub>			***	()	✓
Fresh fruit															✓
Tomato soup															✓
Carrot & Orange Sponge	1			*	1			✓							
Cheese and tomato pizza	✓			✓									*		
Potato wedges															✓
Quorn dippers	<b>✓</b>			✓				✓							
Country mixed vegetables															✓
Sweetcorn															✓
Ham baguette	✓			*											
Sandwich with cheese	✓			✓	1							*			
Sandwich with tuna mayo	✓				1			✓	✓			*			
Side salad															✓
Water															✓
Home baked bread brown (86206)	✓			*	✓			*							
Home baked bread white (86205)	✓			*	1			*							
La boulangerie Half/Half bread	1				1							*			
Baguettes white	✓														
Hellmann's Mayonnaise - authorised use only				✓		✓		✓							

				Allerg	en info	rmatic	n								
	Cereals containing gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week two Friday	W.	*	2	Milk		MUST/600	Thous			¥ <sub>*</sub>					✓
Fresh fruit															✓
Yoghurt (Rowan Glen)				1											
Carrot & Orange Sponge	✓			*	✓			✓							
Fish	✓								✓						
Chips															✓
Chips fried in oil used for fish	✓								✓						
Tomato Sauce portion															1
Half/Half bread with flora	✓			*	✓							*			
Turkey meatballs in gravy															1
Baked potato															1
Ratatouille sauce															1
Beetroot															1
Peas															1
Tuna mayo pasta pot	1							1	✓						
Sandwich with cheese	✓			✓	✓							*			
Sandwich with tuna mayo	1				✓			✓	✓			*			
Side salad															1
Water															1
Home baked bread brown (86206)	1			*	1			*							
Home baked bread white (86205)	✓			*	✓			*							
La boulangerie Half/Half bread	✓				✓							*			
Baguettes white	✓														
Hellmann's Mayonnaise - authorised use only				✓		✓		✓							

				Alle	rgen ir	nforma	tion								
	Cereals containing gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week three Monday			De la companya della companya della companya de la companya della	Mik		(98,007,600)	The state of the s			T <sub>i</sub>			***		<b>✓</b>
Fresh fruit															✓
Yoghurt (Rowan Glen)				✓											
Lemon Sponge	1			✓	*			✓				*		*	
Chicken curry				*		✓									
Boiled rice															✓
Naan bread	✓			✓											
Vegetable curry				*		✓									
Macaroni cheese	✓			✓											
Pitta bread strips	✓														
Broccoli															✓
Peas															✓
Tuna mayo baguette	✓							✓	✓						
Sandwich with cheese	✓			✓	✓							*			
Sandwich with tuna mayo	✓				✓			✓	✓			*			
Side salad															✓
Water															✓
Home baked bread brown (86206)	✓			*	✓			*							
Home baked bread white (86205)	✓			*	✓			*							
La boulangerie Half/Half bread	✓				✓							*			
Baguettes white	1														
Hellmann's Mayonnaise - authorised use only				✓		✓		✓							

				Alle	rgen ir	nformat	ion								
	Cereals containing gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week three Tuesday				Mik		(MUSTARO)	PART SOUT			T <sub>i</sub>			***	UNE	✓
Fresh fruit															✓
Breadsticks	✓			*	*							*			
Mayonnaise dip								✓							
Yoghurt (Rowan Glen)				✓											
Cheese and tomato pizza	✓			✓									*		
Wedges															✓
Sweet and sour chicken															1
Boiled rice															1
Sweetcorn															1
Coleslaw	*			*	*	*		✓					*	*	
Chicken sandwich	1			*	1							*			
Chicken (Campbells) Bank Holiday use ONLY				*											
Sandwich with cheese	✓			✓	1							*			
Sandwich with tuna mayo	✓				✓			✓	✓			*			
Side salad															✓
Water															✓
Home baked bread brown (86206)	✓			*	1			*							
Home baked bread white (86205)	✓			*	1			*							
La boulangerie Half/Half bread	✓				✓							*			
Baguettes white	1														
Hellmann's Mayonnaise - authorised use only				✓		✓		✓							

			1	Allerge	n info	rmatior	)								
	Cereals containing gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week three Wednesday				Milk	P.S.	(MUSTAGO)	I I I I I I I I I I I I I I I I I I I			¥#			***		1
Fresh fruit															✓
Lentil Soup															✓
Chocolate Muffin	✓			✓	*			*				*		*	
Steak pie	✓			1											
Baby Potatoes															✓
Quorn dippers	✓			✓				✓							
Savoury rice						✓									
Baby Potatoes															✓
Country mixed vegetables															✓
Ham baguette	✓			*											
Ham (Campbells) Bank Holiday use ONLY				*											
Sandwich with cheese	✓			✓	✓							*			
Sandwich with tuna mayo	✓				✓			✓	✓			*			
Side salad															✓
Water															✓
Home baked bread brown (86206)	✓			*	✓			*							
Home baked bread white (86205)	✓			*	✓			*							
La boulangerie Half/Half bread	✓				✓							*			
Baguettes white	✓														
Hellmann's Mayonnaise - authorised use only				✓		✓		✓							

				Alle	rgen in	format	tion								
	Cereals containing gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week three Thursday				Milk		(MUSTARD)	Hotel Hotel			T <sub>A</sub>					✓
Fresh fruit															✓
Breadsticks	✓			*	*							*			
Mayonnaise dip								✓							
Yoghurt (Rowan Glen)				✓											
Homemade sausage pastry	✓		*	✓	*	*								✓	
Quorn sausage pastry	✓			✓				✓							
Mashed potatoes				✓											
BBQ Chicken Flatbread	✓			✓	✓								✓		
Beans															✓
Sweetcorn															✓
Ham sandwich	✓			*	✓							*			
Sandwich with cheese	✓			✓	✓							*			
Sandwich with tuna mayo	✓				✓			✓	✓			*			
Side salad															✓
Water															✓
Home baked bread brown (86206)	<b>✓</b>			*	1			*							
Home baked bread white (86205)	✓			*	1			*							
La boulangerie Half/Half bread	✓				1							*			
Baguettes white	✓														
Hellmann's Mayonnaise - authorised use only				✓		✓		✓							

-	<u> </u>			Alle	ergen i	nforma	ition								
	Cereals containing gluten	Peanuts	Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Crustaceans	Molluscs	Sesame Seeds	Celery	Sulphur Dioxide	No Allergen
Week three Friday	W.			Milk	- BE	MUSTNAO	ACC.			T.					✓
Fresh fruit															✓
Tomato Soup															✓
Lemon Sponge	✓			✓	*			✓				*		*	
Fish fingers	✓								✓						
Chips															✓
Chips fried in oil used for fish	✓								✓						
Tomato Sauce portion															✓
Meatball pasta bake	✓			✓											
Baked potato															✓
Beans filling															✓
Cheese filling				✓											
Peas															✓
Beetroot															✓
Tuna mayo pasta pot	1							1	✓						
Sandwich with cheese	1			✓	✓							*			
Sandwich with tuna mayo	✓				✓			1	✓			*			
Side salad															✓
Water															✓
Home baked bread brown (86206)	1			*	1			*							
Home baked bread white (86205)	✓			*	1			*							
La boulangerie Half/Half bread	1				1							*			
Baguettes white	1														
Hellmann's Mayonnaise - authorised use only				✓		✓		✓	1						