

Bike Maintenance Session

Friday 14th April 2023 12noon to 4pm

Willie Waddell Sports and
Community Centre
Main Street
Forth
ML11 8AA

Bike Check, Chain
Lubricated,
Brake Adjustment,
Tyre Check, Puncture Repair
and Gear Check.

Booking required contact Hazel on 07872161913 or hazel@healthyvalleys.org.uk











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