Education Resources
Executive Director **Tony McDaid**
Elizabeth Steele Head Teacher
Forth Primary School and Nursery

17 May 2022

Dear Parents

Relationships, Sexual Health and Parenthood Education

Throughout this term, the school will continue to implement Curriculum for Excellence *Health and Wellbeing's Relationships, Sexual Health and Parenthood* strand (RSHP). This involves a framework of learning which responds to Experiences and Outcomes as directed by the Scottish Government and its supporting materials. These have been developed by NHS Specialists and teaching staff from both North and South Lanarkshire Councils.

We are committed to the provision of quality sex education in accordance with National Guidelines. It forms a key element of personal, social and health education in schools and is an important part of children's preparations for adult life. It should develop understanding and attitudes which will help children to form relationships in a responsible and healthy manner.

The RSHP programme for the pupils will comprise:

Primary 1/2/3
- My Body
- Personal Space and Privacy
- Pregnancy/Looking After a Baby

Primary 4/5
- My Family
- Similarity, Diversity and Respect
- How Human Life Begins/Pregnancy and Birth

Primary 6/7
- Emotional Wellbeing and Body Image
- Love and Relationships
- Sex: How People have Sex/What do they do?
- How Human Life Begins/Pregnancy and Birth
- Being a Parent/Carer
- Understanding Human Sexuality
- Menstruation
- How Adults Plan and Prevent a Pregnancy

These themes will be discussed in an age appropriate manner with content appropriate for the age group considered. You can help your child by talking to them openly and positively about these topics.

If you would like to find out more about our health programme please contact us. We will be very happy to discuss it with you.

Yours sincerely,

Elizabeth Steele
Head Teacher