

Out-of-hours support for North Perthshire

A new short-term pilot crisis service starting on Friday 13 March until Sunday 28 June will be in place for people living in North Perthshire.

The service will be available on Friday, Saturday, and Sunday nights.

Staff will be able to respond by phone, message, and outreach visits to people's homes from 8pm to 2am. There will also be a drop in option at the Jessie Street office in Blairgowrie between 8.30pm and 1am.

The crisis service is for anyone aged over 16 years who is experiencing difficulties with their mental health, mental wellbeing, and/or use of drugs and/or alcohol and/or has thoughts of suicide.



It helps to talk.
Call or text: 07917 243 389
Drop in: Adult Resource Centre,
Jessie Street, Blairgowrie PH10 6BT

