**NEW GUIDANCE FOR COVID CASES IN COUPAR ANGUS**

Public health guidance for workers at the 2 Sisters factory in Coupar Angus has changed. Now, in addition to factory workers being asked to self-isolate until 31 August, their households are also being asked to self-isolate.

This means anyone living in the same household must stay home until 31 August, and only leave to get a COVID-19 test. Even if people in the household test negative and no-one displays symptoms, they must still stay home. This includes children, who must not attend school.

2. Do not go to work, school, shops or any other public places
3. Do not use public transport
4. Do not go out to get food and medicine - order it online or ask someone to bring it to your home
5. Do not have visitors in your home
6. Do not go out to exercise
7. Children should not go to school

This only applies to the children of factory workers. In other cases where an individual has been told they are a close contact of a positive case and should self-isolate, their household members do not need to self-isolate.

Families who need help with shopping for food while self-isolating should call 0345 30 111 00.