

the goFresh club



Nursery School
Brunch and afternoon menu
2020-21

Dear Parent/Carer

From the **26 October 2020** we will be extending the Summer menu in your child's nursery school until the end of March 2021.

All menu items are made fresh daily by our trained professional catering teams.

Your comments are very important to us and if you or your child have any suggestions regarding nursery brunch and afternoon tea snacks, we would be grateful to hear from you.

Please contact us by emailing:

gofreshclub@southlanarkshire.gov.uk

If your child has a special dietary need, food allergy or intolerance, please contact the nursery staff at your child's school.

Below is a guide to when each week's menu is being served:

Week 1	2/11	23/11	14/12	4/01
	25/01	15/02	8/03	29/03
Week 2	9/11	30/11	21/12	11/01
	1/02	22/02	15/03	
Week 3	26/10	16/11	7/12	28/12*
	18/01	8/02	1/03	22/03

* Applies to 52 week nurseries only

Further information is available on South Lanarkshire Council's website www.southlanarkshire.gov.uk/school_lunches

Yours sincerely,

Gerry Donachie

Operations Manager, Facilities Services

Three week menu 2020-21

Week one	Monday	Tuesday	Wednesday	Thursday	Friday
Brunch	Bagel with cheese spread (v) Fresh fruit selection (v)	Pitta bread strips with cream cheese (v) Yoghurt (v)	Ham wrap Fresh fruit selection (v)	Breadsticks with dip (v) Cheese roll Yoghurt (v)	Cucumber batons with dip (v) Banana sponge (v) Fresh fruit selection (v)
Afternoon snack*	Freshly made tuna mayo soft roll with side salad Fresh fruit selection (v)	Freshly made chicken soft roll with side salad Yoghurt (v)	Freshly made ham soft roll with side salad Fresh fruit selection (v)	Freshly made ham sandwich with side salad Yoghurt (v)	Tuna mayo pasta pot with side salad Fresh fruit selection (v)

Week two	Monday	Tuesday	Wednesday	Thursday	Friday
Brunch	Breadsticks with dip (v) Cheese soft roll	Tuna mayo wrap Fresh fruit selection (v)	Pitta bread strips with cream cheese (v) Yoghurt (v)	Ham soft roll Fresh fruit selection (v)	Cheese soft roll Carrot and orange sponge Yoghurt (v)
Afternoon snack*	Freshly made tuna mayo soft roll with side salad (v) Yoghurt (v)	Freshly made chicken sandwich with side salad Fresh fruit selection (v)	Freshly made ham sandwich with side salad Yoghurt (v)	Freshly made salmon sandwich with side salad Fresh fruit selection (v)	Tuna mayo pasta pot with side salad Yoghurt (v)

Week three	Monday	Tuesday	Wednesday	Thursday	Friday
Brunch	Pitta bread strips with cream cheese (v) Fresh fruit selection (v)	Breadsticks and dip (v) Cheese soft roll Yoghurt (v)	Tuna mayo soft roll Fresh fruit selection (v)	Ham finger roll Yoghurt (v)	Bagel with cheese spread (v) Lemon sponge
Afternoon snack*	Freshly made cheese soft roll with side salad Fresh fruit selection (v)	Freshly made chicken sandwich with side salad Yoghurt (v)	Freshly made ham soft roll with side salad Fresh fruit selection (v)	Freshly made ham sandwich with side salad Yoghurt (v)	Salmon mayo pasta pot with side salad Fresh fruit selection (v)

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*Sandwiches with tuna mayo or cheese are available daily. *Unlimited freshly tossed salad, bread and water is available with all meals.

Standby menu

With the remaining uncertainty of COVID-19 and the current 'Test and Protect' guidance, Facilities Services may have to introduce an emergency menu selection for pupils at short notice.

This menu will only come into effect if/when our team of catering professionals are not in a position to provide our extensive advertised menu, overleaf.

The service, along with the nursery will endeavour to keep any changes to a minimum and notify parent/carers as soon as possible.

Pupils who have special diet requests already registered for the following diets can be accommodated during this menu:

Gluten free	Dairy free	Soya free	Sesame free
Nut free	Egg free	Halal	

Standby menu (brunch/afternoon snack)

	Monday	Tuesday	Wednesday	Thursday	Friday
Brunch/ afternoon snack	Cheese sandwiches with cucumber batons and dip side (v)	Chicken soft roll with potato salad side	Ham sandwiches with cucumber batons and dip side	Ham soft roll with coleslaw side	Cheese soft roll with fruit salad side (v)
Also available	Tuna sandwiches with cucumber batons and dip side	Cheese soft roll with potato salad side (v)	Tuna sandwiches with cucumber batons and dip side	Cheese soft roll with coleslaw side (v)	Tuna soft roll with fruit salad side
All meals include	Frubes Yoghurt	Banana sponge	Frubes Yoghurt	Flapjack	Fresh Fruit

If you need this information in another language or format, please contact us to discuss how we can best meet your needs.

Phone: 0303 123 1015 Email: equalities@southlanarkshire.gov.uk

www.southlanarkshire.gov.uk