

PRIMARY AND NURSERY HOT CHOICE MENU - JANUARY to JUNE 2021

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

4th January
1st February
1st March
29th March
26th April
24th May
21st June

Breadsticks* with Garlic Mayo

Chicken Burger in a Roll* with Diced Potatoes and Coleslaw
Broccoli Pasta Bake with Mixed Vegetables (V)

Crusty Bread

Steak Pie with Boiled Potatoes
Tomato Pasta (Ve)

Carrots
Crusty Bread

Gingerbread Men † with Fruit

Carrot & Cucumber Sticks

Ham Roll* with Sweetcorn
Macaroni Cheese (V)

Broccoli
Crusty Bread

Chicken Nuggets with Potato Wedges
Vegetable Curry with Rice (Ve)

Peas and Sweetcorn
Crusty Bread

Madeira Cake † with Fruit

Fish Fingers with Chips and Baked Beans
Baked Potato with Baked Beans & Mixed Salad (Ve)

Crusty Bread

Ice Cream with Fruit

WEEK 2

11th January
8th February
8th March
3rd May
31st May
28th June

Chicken Curry with Rice
Vegetable Omelette with Diced Potatoes (V)

Peas
Crusty Bread

Banana Loaf with Fruit

Pork Sausages † in Gravy with Mashed Potatoes
Cheese Roll* with Mixed Salad (V)

Broccoli & Cauliflower
Crusty Bread

Natural Yoghurt † with Fruit

Mince Filled Yorkshire Pudding with Boiled Potatoes
Baked Potato with Baked Beans & Mixed Salad (Ve)

Carrots
Crusty Bread

Cheese & Crackers with Fruit

Cheese Swirls

Beef Burger in a Roll* with Chips
Vegeballs in Tomato Sauce with Pasta (Ve)

Sweetcorn
Crusty Bread

Salmon Fishcake with Diced Potatoes
Cheese & Tomato Pizza with Diced Potatoes (V)

Mixed Vegetables
Crusty Bread

Ice Cream with Fruit

WEEK 3

18th January
15th February
15th March
10th May
7th June

BBQ Chicken with Pasta
Quorn Dog Roll* with Diced Potatoes (V)

Sweetcorn
Crusty Bread

Gingerbread Men † with Fruit

Ham Roll* with Coleslaw
Cheese & Tomato Pizza with Potato Wedges and Coleslaw (V)

Crusty Bread

Natural Yoghurt † with Fruit

Chicken Nuggets with Roast Potatoes
Quorn Fillet & Gravy with Yorkshire Pudding and Roast Potatoes (V)

Peas
Crusty Bread

Madeira Cake † with Fruit

Breadsticks* with Garlic Mayo
Beef Chilli with Rice
Macaroni Cheese (V)

Carrots
Crusty Bread

Fish Fingers with Chips & Baked Beans
Baked Potato with Baked Beans & Mixed Salad (Ve)

Crusty Bread

Ice Cream with Fruit

WEEK 4

25th January
22nd February
22nd March
19th April
17th May
14th June

Chicken Sausages with Gravy & Diced Potatoes
Cheese & Tomato Pizza with Diced Potatoes (V)

Sweetcorn
Crusty Bread

Banana Loaf with Fruit

Carrot & Cucumber Sticks

Pasta Bolognese with Broccoli
Baked Potato and Cheese with Coleslaw (V)

Crusty Bread

Chicken Burger in a Roll* with Diced Potatoes
Vegeballs in BBQ Sauce with Pasta (Ve)

Carrots
Crusty Bread
Cheese & Crackers with Fruit

Melon Wedge

Chicken Curry with Rice
Quorn Roll* with Diced Potatoes (V)

Peas
Crusty Bread

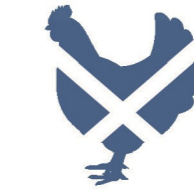
Fish Fingers with Chips
Tomato Pasta (V)

Mixed Vegetables
Crusty Bread

Ice Cream with Fruit

Tayside Contracts believes in providing quality meals using quality ingredients. Where possible we use locally sourced products.

ALL OUR EGGS ARE **FREE RANGE**



ALL OUR FISH PRODUCTS ARE MSC (MARINE STEWARDSHIP COUNCIL) FOR **SUSTAINABILITY**



ALL OUR CHICKEN DISHES ARE MADE USING **RED TRACTOR CHICKEN** OUR LENTILS, PEAS, CHEESE AND OATS ARE **LOCALLY SOURCED** IN SCOTLAND

OUR FRESH FRUIT AND VEGETABLES ARE SOURCED LOCALLY FROM TOTAL PRODUCE AND IS **SCOTTISH** WHERE POSSIBLE
TotalProduce
Let's Grow Together

ALL OF OUR MILK IS LOCALLY SOURCED BY D&D DAIRIES IN CRIEFF



ALL OUR **BUTCHERMEAT IS QMS (QUALITY MEAT SCOTLAND)** OUR MINCE, ROAST BEEF, STEAK, SAUSAGES AND BEEF BURGERS ARE ALL LOCALLY SOURCED BY CAMPBELLS PRIME MEAT IN LINLITHGOW

All nutritional information for Tayside Contracts school meals can be found on our website.

Tayside contracts

(V) Vegetarian (Ve) Vegan

† May contain Nuts * May contain Sesame Seeds