Goodlyburn Primary School



Anti-Bullying Policy statement

We follow PKC Anti-Bullying Strategy Antibullying_Strategy_1_.pdf (pkc.gov.uk)

School Ethos

It is the aim of the school to provide a safe and caring environment where everyone is valued as an individual. All pupils are entitled to be educated in an atmosphere that is free from fear regardless of religion, culture, country of birth or ethnic origin. Similarly pupils should be able to come to school free from the worry of being attacked physically or verbally by others.

Restorative Approaches

Perth and Kinross Council has trained all its school staff in the use of Restorative Approaches to manage behaviour. PKC have prepared a helpful leaflet on this for parents:

restorative approaches.pub (pkc.gov.uk)

This approach encourages pupils to take responsibility for their own actions and consider the impact that this can have on others if there have been issues between pupils. Staff are trained in carrying out restorative conversations whereby all pupils involved have their version of events heard. Pupils are then questioned using a coaching method to consider how they felt at the time, how others may have felt and steps necessary to move forward. Research demonstrates that this is a more effective long-term approach to managing behaviour and has lasting long-term success compared with a more punitive style of behaviour management.

What is bullying?

"Bullying is both behaviour and impact; the impact is on a person's capacity to feel in control of themselves. This is what we term as their 'sense of agency'. Bullying takes place in the context of relationships. It is behaviour that can make people feel hurt, threatened, frightened and left out and it can happen face to face and online." Respect Me: Scotland's Anti-Bullying Service

Why is it important to respond to Bullying?

Bullying is a breach of children's rights. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Pupils who are bullying need to learn different ways of behaving. We have a responsibility to respond promptly and effectively to issues of bullying.

When is it not Bullying?

Children and young people can fall out and disagree with each other as they form and build relationships. This is a normal part of growing up and many children and young people have the capacity to bounce back from this type of behaviour. Some of this behaviour can be perceived as bullying.



It is a fact that pupils can be subjected to bullying behaviour during their school career. We wish to identify and deal with these problems as they develop as every child has the right to live without fear or intimidation. Bullying behaviour can make people feel hurt, threatened, frightened and left out. It can be verbal, physical, and emotional or involve online conduct which is unwanted and uninvited. The behaviour may be intentional or unintentional, can cause physical or emotional harm, may be repeated over time or be a one-off incident. Bullying is a problem both for the victim and for the perpetrator and we must deal with both. It can happen in person or online.

All reports of bullying are taken seriously and are investigated thoroughly. It is made clear to pupils that all bullying is unacceptable and every effort will be made to deal with both the behaviour and its causes.

Where unacceptable behaviour becomes a major concern, full cooperation with parents is essential to resolve issues that arise. Class teachers and the HT/DHT will discuss concerns with parents and will seek advice, if necessary, from other agencies to support positive outcomes. If may be necessary, in extreme situations where a child poses a continued health and safety risk to pupils and staff, that the Headteacher will exclude a pupil from school for a period of time to allow further planning and support to put in place. Perth & Kinross Exclusion Guidelines (February 2016) are followed in such circumstances: Exclusion of pupils - Perth & Kinross Council (pkc.gov.uk)

Goodlyburn Primary School's approach to bullying behaviours is in line with PKC Anti-Bullying Strategy. <u>Antibullying Strategy 1 .pdf (pkc.gov.uk)</u> Bullying is a feature of our Health and Wellbeing programme. It is taught through the use of our HWB progression pathways, Restorative Approaches, Zones of Regulation and departmental /whole school assemblies and events.

Specific incidents of bullying are logged and the numbers of instances of bullying and racist incidents are reportable to Perth & Kinross Council. Perth & Kinross provides helpful advice for parents, schools and pupils. It can be accessed here: <u>Bullying and harassment - Perth & Kinross Council (pkc.gov.uk)</u>

Aims of Goodlyburn Primary School Anti-Bullying Policy

- To reduce bullying to an absolute minimum.
- To deal effectively with instances of bullying as quickly as possible.
- To continue to raise awareness of the issues involved throughout the whole school community i.e. pupils, parents and staff.

Policy into Practice

- (a) Preventing Bullying
 - Whole school ethos respect for all based on the Rights of the Child.
 - Appropriate Personal and Social Development Curriculum to include Circle Time
 - Application and promotion of School Rules

- School rules see Handbook.
- Playground supervisors to encourage good relationships amongst pupils.



- (b) Staff Responsibilities
- Take seriously and reinforce "good to tell ".
- The bullying behaviour or threats of bullying will be investigated and a restorative approach (See appendix A) may be used (if appropriate) to repair the relationship as quickly as possible.
- Weave learning about SHANARRI, Rights Respecting Schools <u>The Rights Respecting</u> Schools Award | UNICEF UK Relationships Home - RSHP into school and class curriculums.
- Check out feelings.
- Decide on a course of action mediation, i.e. children get together and negotiate a mutually acceptable solution.
 - one to one discussions with child accused of bullying and victim.
 - group or whole class work using appropriate antibullying resources.
- Refer to Senior Management Team who may arrange contact with parents and / or outside agencies (school psychologist or educational support services) if the matter is not resolved.

(c) Pupil responsibilities

- Make Goodlyburn Primary School a safe and happy place.
- Remember our rules, being Ready, Respectful and Safe
- Avoid name calling and teasing.
- Help to sort things out.
- Play fairly.
- Encourage others to participate.
- Inform school staff when and if you or someone else is being bullied.
- Inform your parents discuss fully and remember to tell the whole story.

(d) Parental Responsibilities.

- Discuss any allegations fully with your child.
- Inform school if concerned.
- Be patient and give the school time to resolve / investigate the situation.
- Be aware that staff are not at liberty to discuss other pupils' behaviour circumstances or consequences. Trust staff to make appropriate professional decisions based on their knowledge of all pupils.
- Work in partnership with the school.

<u>Evaluation</u>

The school will continue to seek ways and means of addressing this aspect of school life.

Feb 2020/ updated Mar 23

Goodlyburn Primary



Currently PKC anti bullying strategy is out for consultation. Policies will be updated when Strategy is approved.