



# COVID 19 RAINBOWS LARKHALL

Contact us on Facebook 'The COVID-19 Rainbows - Larkhall' [Facebook.com/groups/larkhallrainbows](https://www.facebook.com/groups/larkhallrainbows)

**If you are Shielding, elderly, isolating, vulnerable or just stuck,  
our local volunteers can help with the following —**

**Contactless shopping service; Prescription collection; Emergency food packs**

**Ring 07510 593 949 or email [xcovid19rainbows@gmail.com](mailto:xcovid19rainbows@gmail.com)**

**Anxious, need to talk to someone? Ring Community Support 07751295570**

**we can  
help**