

Welcome to Making it Work for Parents, a flexible service for parents with health conditions or a disability. Our aim is to assist you to realise your potential and support you to overcome any barriers you may have and progress into further education, training or employment.



We will:

- Give you access to 1-2-1 support with your own key worker
- Plan a way ahead with a set action plan specific to your needs
- Support you to access suitable childcare provision
- Help with financial advice on debt and budgeting your income
- Offer support to enable you to maintain positive physical and mental health
- Assist you with finding training and long term sustainable employment opportunities

Partnership services

- Routes to Work South and partners provide a range of additional employability services
- VASLan offer enhance volunteering opportunities
- SALUS offer mental and physical health services
- CAB and JC+ offer assistance with benefits and money advice
- OPFS can offer access to personal development courses and lone parent advice
- SCMA offer childminding information and self employment options
- CLD will offer you access to your local community activities, learning and development

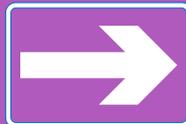
Your key worker will be able to provide further details on all of the key partnership services.

Our Offices

Cambuslang Office
CTEC
1-15 Main Street
Cambuslang
G72 7EX
0141 646 0500



East Kilbride Office
EK Work and Training
Hub
Unit 57, The Plaza
East Kilbride
G74 1LW
01355 201999



Lanark Office
Routes to Work South
7 Wellgate
Lanark
ML11 9DS
01555 663483



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Making it Work For Parents

Let your Journey begin....

Inside you will find a range of services that you can access, based on your individual needs. So let's get started.

0800 731 0444

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Your journey with Making it Work

Meeting your Key Worker



On your first day you will meet your key worker, this is your chance to find out what we can do to support you on your journey towards employment.

Childcare



We will offer you advice, guidance and support you to access financial assistance



Action Planning for your future



With support, you will set out a personalised action plan that will support you to overcome any challenges you are facing.

Supporting you in work



Our support doesn't stop when you get a job. We will continue to offer you with support and advice as long as you require it. We can also offer support with career progression.

Your Personal Development



Confidence is key to helping you move forward, we can support you to identify and be proud of your strengths/skills and build your confidence. We have specific courses that you can access throughout your journey to support your development.

Training & Volunteering Opportunities



Accessing training that suits your future job goals can be sourced through our ongoing training programme or sourced to suit your specific needs. Volunteering can be a great way to try out various jobs and build skills, confidence and references for future employment opportunities.

Money Advice



We will assist you with any money advice that you require from in work calculations to show you how you can benefit from working to budgeting, debt advice and saving plans.

Helping you Into Work



When you are ready your key worker will provide you with the support and guidance you need to progress with activities such as career options, IT skills, CV, applications and interview skills.

Access to a wide range of health and wellbeing courses and 1-2-1 support, including stress management, coping with change, healthy eating, body and mind activities.

Health and Happiness



Jobs/Further education

We will support you to find a job or further education course that suits your needs and career aims.