



Bankhead Primary School Virtual Sports Day





Potato & Spoon Race Race a family member in a potato and spoon race!



3 legged Race
Tie you left leg to
someone else's leg and
see how quickly you can
run from place to
another.



Target Practice
Set up some targets.
How many can you
hit with a small ball?

Star Jumps
How many star jumps
can you do in a
minute?

Wellie Toss
How far can you
throw a wellie boot?



Sack Race
Have a pillowcase
sack race with a
family member.

Keepie-Uppies
How many keepieuppies can you do
with a balloon?



Stepping Stones
Create a trail of
pillows, cushions and
cuddly toys. Make
your way across! Stay
on the path!

Healthy Snack
Help an adult
prepare a healthy
snack after all that
exercise!