



Bankhead Primary & Nursery School



Nurture Principle Week 2



At Bankhead Primary School and Nursery, we are striving to be a 'nurturing school' as we believe it is important to ensure our pupils are in a nurturing environment that supports them to learn. Nurture helps us to develop our social and emotional skills to support our development as well as to develop our resilience.

We want to promote the 'Six Principles of Nurture' the children are learning about in school by launching a 'Nurture Principle of the Week' each week with some suggested activities for you to discuss and do at home. If you complete any of the suggested activities, we would love to see a photograph of this. Please send an email to Miss Boyd at (bankheadps@gmail.com). If you are happy for us to share pictures and work on twitter please let me know when you send work to email address. You could also upload to twitter and tag @BankheadPrimary.

Nurture Principle 2

The Classroom Offers a Safe Base

'Our school is a place that makes us feel safe'

Suggested activities:

- ❖ Make an "I am Safe at School" poster about being safe at Bankhead Primary School. Think about what makes you feel safe, the people that make you feel safe and what makes your classroom safe.
- ❖ Write a persuasive letter to a new pupil joining us. Include reasons as to why they should come to Bankhead PS and why it is a safe school.
- ❖ Create a fact file about a person who makes you feel safe (parent/carer, friend, family member, teacher, community helper etc).
- ❖ Draw a picture of a place where you feel safe at school or at home.
- ❖ If you could create a 'safe space', what would you have in it? Can you draw this?
- ❖ Create an imaginary safe place for the playground (eg a den, gazebo, tent, tree house etc).
- ❖ Write a set of instructions for another child about how to stay safe at school (think about in the classroom, in the dining hall, at PE, in the playground, on a school trip, walking to and from school etc).
- ❖ Try some meditation to help maintain a healthy mind. You can access free meditation downloads at <http://www.teachchildrenmeditation.com/resources-to-help-you-teach-kids-meditation-mindfulness/meditations-for-teens-kids/>