

Suggested Activities to do at home with your children over the next 2 weeks

Literacy

Developing mark making and fine motor skills and strength.

Activities to develop this could be:

- Draw 2D shapes – circle, square, triangle and rectangle. If your child knows all these you could add in other shapes that they can name and recognise.
- Cut the drawn shapes out with scissors
- Drawing a picture of themselves and people in their family, then add details to their face and body i.e eyes, nose, ears, mouth, eyebrows, hair, arms, legs, body, fingers, toes.
- Any drawing games / software on phone/tablet/laptop to draw pictures

Developing emergent reading

Read a story to your child each day and ask them questions about it

During the story ask your child

- what do you think will happen next?

After the story ask them

- Who was in the story?
- What happened in the story?
- What job do the author and illustrator do?
- What part of the story did you enjoy and why? Tell them what you enjoyed and why.
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Health and Well Being

Developing health and hygiene routines

- Continue hand washing for at least 20 seconds as often as is required and especially before and after eating, playing in the garden, toileting.

Practise self-help skills for (age appropriate) independence –

- Putting on socks and shoes
- Putting on a coat
- Zipping a coat up or doing the buttons
- Getting dressed in the morning
- Getting undressed at bedtime / bath time and putting on pyjamas

Numeracy

Developing number knowledge

- Go on a 'Number Hunt' round your home and see what numbers you can find and name i.e front door, bin, remote control, phone, microwave, cooker, car number plates, clock, in books, newspapers
- Help counting out 'how many' of each item they need for family meal time i.e plates, bowls, spoons, cups, forks and knives.
- Make a number line and get your child to find e.g '4' or '15' items from around the house to match the number
- Play any number games i.e dominoes, snakes and ladders
- Draw a hop scotch grid in your garden
- Play 'Top Marks' counting and matching games on a phone/laptop/tablet
- Count numbers together i.e going up stairs or steps while walking, fingers on hands (yours and theirs)

Words Together – supporting communication and language development

Face to Face

Singing songs and rhymes together while facing each other:

Row Row Row your boat
Round and Round the Garden
Criss Cross Line Line
This Little Piggy went to market
Heads. Shoulders, Knees and Toes
Simon Says

When you are talking to your child, bend down to their level so they can see your face and mouth. This helps them listen carefully to you as well help them form speech sounds correctly.

Pause and Wait

Read a familiar story with lots of repetition. Pause at the repeated phrases and wait for your child to fill in the words. Suggested stories:

- The Gingerbread Man
- The Gruffalo
- The 3 Billy Goats Gruff
- Little Red Riding Hood

You can also pause and wait when singing nursery rhymes. Sing along together but leave the last/ rhyming word for your child to fill in. Suggested rhymes;

- Humpty Dumpty
- Baa baa black sheep
- Hickory dickory dock

Also, try these rhymes, allowing your child to fill in the missing word:

- 5 little ducks
- The grand old duke of York
- Incy wincy spider
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Remember some children need longer to process information, so they may take a bit of time before they give a response. Don't be tempted to answer for them.

Useful Links

<https://www.topmarks.co.uk/>

<https://www.bbc.co.uk/cbeebies/games>

<https://pbskids.org/>

<https://www.scottishbooktrust.com/topics/bookbug>