# Friday 24<sup>th</sup> April 2020

Happy Friday, and another week over! Today is Fun Friday, so I have some different art/music/science activities listed below. Again, we will keep to our Oliver's Vegetables theme!

#### <u>Art</u>

1. If you have paint at home, have a go at doing some vegetable printing with any leftover bits of veg you have lying around. I will be having a go at this with some veg with some leftover red pepper from my fajitas and I'll post a photo on See-Saw. Think of the difference in texture between some vegetables (ie. A corn of cob will leave a different pattern print from a mushroom etc). Here are some examples I found on the internet.



2. Why not try a vegetable still life drawing? Lay a selection of vegetables onto a plate on the table and try to draw them. I know how much you all LOVE to draw and colour in, so I know you would love to give this a go! Pay close attention to the shapes of each vegetable when you are drawing them.

## Music

I know how much you all LOVED the Days of the Week song we learned before Christmas (I think it was stuck in my head for about a month!). Well, they also have a catchy vegetable song I thought you'd like to sing along to! Have a listen on the link below and try to pay close attention to the number of syllables (claps) each vegetable has as they sing. Enjoy!

https://www.youtube.com/watch?v=RE5tvaveVak

## <u>Health & Wellbeing</u>

On your walk today, have a lookout for any vegetables growing in people's gardens or allotments. Or, if you are helping an adult with the shopping, look to see which vegetables are available. Can you remember the names for them all?

#### <u>Science</u>

1. Do a little experiment with whatever vegetables you have at home and a bucket of water. Which ones float? Which ones sink? Why do you think this is?

2. Have a think about what you could do with all the vegetable peelings leftover after you have cooked with them. Some people with gardens like to put it in their compost heap at home to help grow other vegetables. You might also find a way to cook another meal (ie. Potato skins with some olive oil in the oven are delicious!), or make a vegetable stock for another pot of soup. Can you think of any other uses for vegetable waste? Why do you think it's important to try and reduce the amount of waste at home?

3. Regrowing vegetables – follow the instructions on SeeSaw to grow your own vegetables at home using any leftover veg in your home. There is also a great wee clip from Down on the Farm that shows how we can do this; <u>https://www.bbc.co.uk/cbeebies/makes/dotf-vegetable-scraps</u>