

Friday 22nd May 2020

Happy Friday everyone 😊 Below are some suggested tasks for Fun Friday. I hope you find something you enjoy!

Health & Wellbeing

So many of you commented on how much you enjoyed Cosmic Kids Yoga last week, so I thought we could do another today. I found one on our book of the week - The Very Hungry Caterpillar! I hope you enjoy this one!

<https://www.youtube.com/watch?v=xhWDiQRrC1Y&t=133s>

Music

I found an excellent song to help us remember the stages of a caterpillar's life! Click on the link below to hear the song and join in 😊

<https://www.bbc.co.uk/bitesize/clips/z3ncd2p>

Art

In the book, The Very Hungry Caterpillar, there are holes cut out of the pages to show where the caterpillar has nibbled at the food! For today's art project I'm giving you a challenge to create your own 'holey' masterpiece! Take a piece of paper and get an adult to cut a small hole out (anywhere on the page is fine). Your task is to create a picture around the hole. I made an example yesterday which I will upload to See-Saw. I made my hole the middle of a flower, but you could make the hole a window of a house, a missing puzzle piece, a balloon, or a hole in the ground! Be as creative as you possibly can, and post a photo of your artwork on See-Saw 😊

Technology

When we read Oliver's Fruit Salad, we had a go at making our own milkshakes and fruit salads/kebabs. This week, have a go at using some of the fruit you have at home to make a smoothie. You might need a blender to do this. Experiment with different combinations of fruit and you could add some yoghurt or water make it less chunky. Smoothies are great for getting lots of healthy fruit in your diet.