

Online Safety for Kinlochleven Parents and Carers

Use this quiz and information sheet to help keep your children safe and responsible online

What do YOU think?

We would like to gather the views of parents/carers and other family members on aspects of online safety.

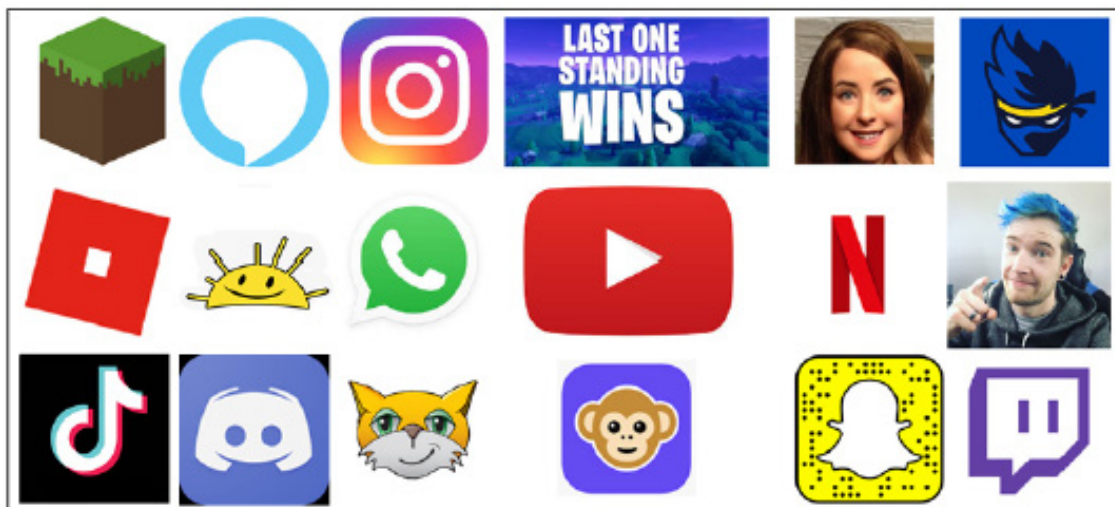
Please complete this very short online survey.

<https://www.surveymonkey.co.uk/r/PTJRYLT>



Logo Quiz

There are 18 logos and people shown below. Can you name them?
Try this quiz with your children and other family members too.



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Family checklist

- Try the Logo Quiz overleaf with family members and children.
- Can your kids teach you to play an online game?
- Check out the BBC Own It website and app for 8-12s:
www.bbc.co.uk/ownit.
- Seen something fun, funny or interesting online? Would your child enjoy it too? Explore the online world together.
- Agree as a family how everyone uses technology:
www.childnet.com/resources/family-agreement.

Conversations with your children

- Daily debrief: Take 2 minutes at the dinner table to talk about what you all did online today.
- What's the best thing you've seen online? Who's a good person to follow?
- Can you think of something fun we can do online together?
- How have you changed what you do online in the last year?
- What advice would you give to a younger child about being online?
- What would you do if something online made you worried or upset?

Useful links

Parental controls and privacy: www.internetmatters.org/parental-controls

Reviews of apps, games, films, music, websites and books:

www.commonsemmedia.org/reviews and www.net-aware.org.uk

Gaming: www.askaboutgames.com

Parents resources and support: www.saferinternet.org.uk/parents and

www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety

How to report an issue online: www.reportharmfulcontent.com

