

Sweets and Chocolates for school



Thank you for taking time to read or reference this list.

Allergies can be fatal, but they can be managed and risks reduced with help and consideration.

Please always read the label.

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| <p>Red Light - Do not take to school</p>  | <p>These sweets CONTAIN peanuts and/or nuts and are DANGEROUS to pupils who are allergic to peanuts and nuts.</p> | <p>Cadbury's: Brunch Bar Peanut Protein; Chocolate coated peanuts; Little Robins Daim variety; Lion Peanut bar; Picnic; Star Bar; Dairy Milk Bags/Bars: Big Taste Toffee / Classic Collection / Cookie Nut Crunch / Daim / Fruit & Nut, Big Taste / Nutty Caramel / Toffee / Triple Chocolate Sensation / Peanut Caramel Crisp / Whole Nut.</p> <p>Others: All chewing/snacking nuts; Aero Bliss Mix; Celebrations; Galaxy Darker with Hazelnut; Green & Blacks Almond & Hazelnut varieties; Jordan's cereal bars – all kinds; Kinder – Happy hippo / Bueno (all, inc Bon bons); KitKat – chunky & bites Peanut Butter / Senses variety box / collection box; Lindt chocolate & hazelnut bar, M&M's – peanut, hazelnut and caramel varieties; Marzipan; Milka (all); Milk Tray; Nougat; Nutella; Nut flavoured treats; Quality Street; Ritter Sport; Reese's (all); Roses; Snickers; Sugared Almonds; Toblerone (all); Thornton's; Topic.</p> |
| <p>Amber Light - Okay to take to school</p>  | <p>These sweets MAY CONTAIN traces of peanuts and/or nuts or be labelled they are made in a factory that uses peanuts and/or nuts. These could still be dangerous to pupils who are allergic to peanuts and nuts.</p> | <p>Bassett's: Cherry Drops; Everton Mints; Fruit Bon Bons; Mint Favourites; Murray Mints; Sherbet Lemons.</p> <p>Cadbury's: Boost; Bourneville / Bourneville orange; Brunch Bars Raisin and Choc Chip; Double Decker; Little Robins; Lion Heads Bag; Dairy Milk bags/bars: Caramel Nibbles / Chocacatte / Crunchie bits / Dairy Milk / Little bars / Marvellous creations Jelly Popping / Medley Biscuit and Fudge / Merry Christmas / Oreo / Oreo Mint / Premier League / Premier Pitch / Raspberry Shortcake / Simply the Zest / Tiffin / Winter Gingerbread / Winter Wonderland / 30% less sugar.</p> <p>Others: Aero Bliss Milk Chocolate; Crunchie Rocks; Darkmilk & Darkmilk salted caramel; Drifter; Freddo & Freddo Caramel; Freddo; Fruit bowl yogurt coated snacks; Halls Soothers (all varieties); Hero's; Galaxy: Caramel bar / Cookie Crumble Bar / Darker Milk Chocolate / Milk Chocolate Truffles / Salted Caramel Bar / Wafer Curls Chocolate Crème; Green & Blacks – all other varieties; all other Kit-Kat: Chunky bars / bites bags / sense salted caramel box; McVities Digestive & Digestive Caramel Nibbles, M&M's – chocolate & crispy varieties; Mars; Milky Way – all kinds; Oreo eggs; Tesco Free-from range; Lindt Lindor chocolate bars; Time out; Trebor Extra Cool Spearmint; Twix; Wispa; Wispa Gold.</p> |

- at Nov 2019: packaging / range of products change constantly. What's safe today may not be next week.

- this list is not exclusive; it is a guide, please read the label and use common sense and consideration.

Green Light
- Safe to
take to
school



These **DO NOT** contain peanuts and/or nuts. These are **SAFE** sweets to take to school.

Bassett's: Aniseed Imperials; Jelly Babies / Mini Jelly Babies; Liquorice Allsorts; Red Liquorice Allsorts; Mint Creams; Mint Imperials; Pear Drops; Softfruits; Spearmint Imperials; Sweetshop Favourites.

Cadbury's: Bournville Giant Buttons; Chomp; Creamy White Buttons; Creme Egg; Crème eggs mini; Crunchie; Curly Wurly; Curly Wurly Squirlies; Dairy Milk Buttons (incl Giant); Eclairs; Flake; Fudge; Goo Heads; Twirl; orange Twirl.

Nestle: Aero (Milk, Mint and Orange); After Eight; Blue Riband; Breakaway; Caramac: Bar / Giant Buttons; Kinder: Surprise egg / snack bar / Mini treats; KitKat fingers, Matchmakers: Mint Box & pouch / Orange box / Honeycomb box / Salted Caramel box; Milky Bar / Milky Bar Buttons; Munchies; Polo (incl fruit), Rolos: Tube / Little Rolos Bag; Yorkie bars: Milk (inc Duo) / Raisin & Biscuit (inc Duo) / Honeycomb; Smarties – tubes and mini cartons.

Maynards: Fruit Duo's; Sports Mix; Jelly babies; Wine Gums (inc Sours & Tangy).

Others: Bear Pure: Yoyo / Claws / Paws; Blackjacks; Butterkist toffee popcorn / Chewits; Chupa Chups; Dib Dabs; Drumsticks; Firetree (all); Fruit Salad; Fruitella; Fruit Bowl: Peelers / School Bars / Flakes; Fruit Factory Stars / Strings; Frys Turkish Delight; Galaxy: bar / Counters / Minstrels / Ripple; Haribo's (all); The Jelly Bean Factory (all); Kellogs Fruit Winders; Kiddilicious: Apple Crisps / Smoothie Melts / Wriggles / Tiddlers; Kinnerton (all); Maltesers; Maltesers buttons; Maoam Sweets; Mentos (Mint & Fruit); M&S Made Without Dark Chocolate – Plain / Orange / Mint; McVities: Digestives / Chocolate Digestives / Jaffa cakes (including mini); Nomo Free From: Caramel / Creamy Choc / Fruit Crunch Bar / Dark; Penguin; Polos; Rainbow Drops; Swizzle Matthews (Parmaviolets, Lovehearts, double lollies, etc); Rolos; Skittles; Starburst (all); Sunny Raisin: Fruit mix-ups / Raisins / Sunny Dunked Raisins (Chocolate & Yogurt); Tesco Yogurt Coated Strawberry bites; Tic Tacs; Toffee Crisp; Tunnocks: Teacakes / Caramel Wafer; Trebor: Softmints / Extra Strong Spearmint; Wagon Wheels.

Rowntree's: Fruit: Gums / Pastilles / 30% less sugar pastilles / Pastilles Berries & Cream; Jelly Tots; Tooty Fruities; Juicy Jellies; Sour Jellies; Pick & Mix; Randoms / Randoms Sours / Random Squishem's.

The Natural Confectionery Company: All varieties

- Christmas and Easter special packs such as advent calendars, Easter eggs and collection packs can, and regularly do, have different warnings, brands include; Maltesers, Smarties, After Eight, and many more.
- a snack that's okay in this country may not be safe in another country, if it's a Lidl's snack they can even vary throughout the UK.
- Some sweets can have surprising allergens – for example, Revels have celery in them.