

# LETHAM4ALL News letter

# **HUB REFURB** UPDATE

Exciting times ahead as works continue to progress steadily with Letham4All Community Hub

After the building works are completed the Letham Community Hub will

have a ground floor community gym, an improved sports hall, community kitchen and soft play area, multi-purpose rooms and space for a range of health and wellbeing activities. The changing village will also have disabled facilities that meet the Changing Place Standard and

lift to the upper floor, making the whole building accessible. We will be changing the entrance to the building so the front door will face the Rannoch Road Park, and there will be small car park, complete with an electric vehicle charging point and disabled carparking spaces and a bike park.

There will also be extensive improvement works happening at the same time to the Rannoch Road Park. The existing hard surface basketball court will be moved further down the park and the children play equipment will renewed and moved nearer to new building. We are hoping for the grand opening to be around end of November 2022.

While our works in the HUB are being completed our groups are being held in different locations temporarily in our community.

# **TOOT, TOOT GREAT NEWS**

Letham4All are celebrating the purchase of a minibus to support their work in the community. A massive thanks to the Robertson Trust and the Guildry Incorporation of Perth who supported the purchase of the bus, along with money raised by ourselves. We just couldn't have done this without them. We also need to say many thanks to Derrick Allan for his generous donation and also to Tay Graphix who kindly made such a great job of putting the logo's on the bus. The 17-seater bus is fully accessible, with a wheelchair lift fitted as it can be reconfigured to be wheelchair accessible.

We really do want this to be a Community Minibus and we are offering the use of the vehicle to other local organisations to help them enhance their work. Accessing transport can be difficult and expensive, so we hope that the bus will be of real benefit to the community. We are putting a big shout

### WHATS GOING ON

#### **MONDAY** SAINTS MEMORIES

12.30-2.30pm **Come chat about all things football** in partnership with Saints in the community. Men only All ages Letham Community Club, Marlee Road

#### **KNIT AND NATTER** 6pm -7.30pm

Letham Friendship Network-LFN All welcome Letham Community Club, Marlee Road

#### TUESDAY

**LFN SOCIAL GROUP** 10am-12 All welcome Letham Community Club, Marlee Road

# DISTRICT **SKATE BOARD CLUB**

6PM - 7PM**Tulloch Community centre** 

#### WEDNESDAY **BUTTY AND BLETHER**

**10am-12** Exactly that, catch up for a blether and a morning roll with friends or come along and make some new ones Community social group All welcome Letham Community Club, Marlee Road

**COMMUNITY WALKING GROUP** 10.30 All welcome

Meet 10.30 at Letham Community Club, go for walk then join Butty and blether for just that! In partnership with Mindspace



Over 60's social group, a range of games, crafts and trips to be had, come meet others for a cuppy and get together Letham Community Club, Marlee Road

**YOUTH CLUB** 

out to anyone who has the category of D1 on their driving license who wants to get involved and become a volunteer driver to please get in touch.

Volunteer and Board Member Stuart Kerr who will be managing the minibus advised that there will be a couple of formalities that groups and drivers will need to agree to before using the bus, but it is straightforward. Volunteer drivers need to agree to have a license check and will have to take part in a vehicle familiarisation session before they take the bus out for the first time.

If you are a local community group who is interested in finding out more about accessing minibus, please email minibus@letham4all.org.uk

Cost of Letham4all groups or activities are FREE, however we do ask that if you can afford that you put in an anonymous donation into our donation tins that will be in place at each of our groups. This supports Letham4all to afford to continue to provide such events or activities to our community. All costings will continue to be regularly reviewed. LFN groups ask for a donation of £1.



**INBETWEENERS** 6.30pm-8.30pm Tulloch Community centre

#### Coming soon...so keep an eye out on socail media and our web page

**BUGGY AND BLETHER** 9.30-12pm A group for parents and carers of kids aged 0-5 to meet up and have a cuppy and blether

**TAI CHI GENTLE EXERCISE CLASS SUITABLE** FOR ALL



#### **COMMUNITY FOOD SHARE**

#### zero waste

The Community Fridge4All was the first of its kind in Perth and has been set up with support from Zero Waste. The team at Letham4All support other communities in Perth to run their own community food shares, distributing surplus food amongst all of the local projects.

You will find Letham community fridge at 119 Rannoch Road, Letham, located in the Community Learning and Development Building.

It is open 7 days a week , Monday, Tuesday and Thursday, Saturday and Sunday from 10 am until 1.00 pm. Wednesday's 5-8pm and Friday 1-4pm. Muirton Community Fridge is located on 111 Dunkeld

road

It is open Monday, Thursday and Saturdays 11am-1pm

For more information on times of other fridges that Letham4All support, or if you would like to volunteer supporting at one of our community fridges or with the collection and food distribution then please contact:

Fiona our Community fridge coordinator on fiona@letham4all.org.uk or 07483424537

For all our news and regular updates check us out on Facebook and give us a like and a share.

Kepp updated also on our wed page www.letham4all.org.uk If you have a question send us a message on Facebook or messenger, drop us an email letham4all.org.uk or contact us by phone 444061

## Meet Letham4all's new team members

#### Business development manager Gordon.

Taking forward the aims and objectives of the board and charity's vision by ensuring and supporting the progression of the Letham4All business model. You can reach him at gordon@letham4all.org.uk

#### **Community Development worker Karina**

Supporting local people through the development and delivery of community-based activities and existing Letham4All Activities. Developing local Partnership working and collaboration with other local groups to increase Letham4All activities. If you have an idea or suggestion of a group or activity you would like to have in your community then let her know. Additionally if you need confidential advice, support or sign posting to another service please do get in touch with Karina at karina@letham4all.org.ukor call 07483124302

Community volunteer learning and development worker Saoirse

Supporting volunteers and members of the community to explore and reflect on their learning opportunities and to then further their own learning and development by taking part in training and award programmes. If you would like to know more about courses that are available at Letham4all, if you would like 1-1 advice and support to explore options available to you for volunteering then please do get in touch with Saoirse at saoirse@letham4all.org.uk or call her on 07483124376

Letham4All supports or works in partnership with other groups, organisations and individuals to collectively and further support others to be involved in their community, develop their ideas to improve the health and wellbeing of the community and create positive opportunities for of all ages to enhance their quality of life.. here are just some ......

#### **Letham Football Club**

Letham Football Club was founded in 1960 and over the years has played a prominent role in the development of youth football within Perth, growing as a club to encompass 28 teams of varying ages and for both boys and girls. Seven Acres Park, Newhouse Road, Letham. For further information email enquiries@lethamfc.co.uk

#### **The Letham Friendship Network or LFN**

The Letham Friendship Network want to help people stay connected to others in their community and help people feel less lonely. They host weekly Knit and natter group and social groups. For further information contact Linda on 07506432694

#### **Letham Residents Association or LRA**

They are a group of local residents who work closely with services to provide a voice to local tenants and residents in Letham. For further information please check out their Facebook page or contact secretary\_lra@yahoo.com

#### **Letham Climate Challenge**

To support community recycling this project receives donations of good used clothing, bedding, curtains and crockery, pots and pans, books, toys, electrical goods and furniture. These are sorted by volunteers and are available as "swaps" or for a small donation in the SWAP SHOP .A large store of household goods and bedding, which is in good re-usable condition, is also put aside so that families or individuals can be encouraged to consider re-using these items which would otherwise go to landfill. These items are also available to agencies working with families moving into emergency accommodation or a new tenancy.

For more information check out their Facebook page or call the shop on 07474741115, open Monday Wednesdays and Fridays.