

# COLD CHOICE MENU - AUGUST to OCTOBER 2020

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1

17th August  
14th September

**Chicken Mayo Sandwich\***  
**Cheese Roll\* (V)**

Salad  
Crusty Bread

Strawberry & Vanilla Mousse with Fruit

**Tuna Mayo Wrap**  
**Tomato Pasta (Ve)**

Salad  
Crusty Bread

Gingerbread Men† with Fruit

**Ham Finger Roll\***  
**Red Pesto & Mozzarella Pasta† (V)**

Salad  
Crusty Bread

Yoghurt

**Sweet Chilli Chicken Pasta**  
**Egg Mayo Finger Roll\* (V)**

Salad  
Crusty Bread

Madeira Cake† with Fruit

**Ham Sandwich\***  
**Cheese & Tomato Quiche (V)**

Salad  
Crusty Bread

Ice Cream with Fruit

WEEK 2

24th August  
21st September

**Chicken Mayo Sandwich\***  
**Tomato Pasta (Ve)**

Salad  
Crusty Bread

Banana Loaf with Fruit

**Tuna & Sweetcorn Pasta**  
**Cheese Finger Roll\* (V)**

Salad  
Crusty Bread

Melon

**Ham Finger Roll\***  
**Egg Mayo Wrap (V)**

Salad  
Crusty Bread

Cheese & Crackers with Fruit

**Chicken Pasta**  
**Cheese Sandwich\* (V)**

Salad  
Crusty Bread

Yoghurt

**Tuna Mayo Wrap**  
**Cheese & Tomato Quiche (V)**

Salad  
Crusty Bread

Ice Cream with Fruit

WEEK 3

31st August  
28th September

**BBQ Chicken Pasta**  
**Cheese Sandwich\* (V)**

Salad  
Crusty Bread

Gingerbread Men† with Fruit

**Ham Finger Roll\***  
**Quorn Mayo Pasta (V)**

Salad  
Crusty Bread

Strawberry & Vanilla Mousse with Fruit

**Tuna Mayo Pasta\***  
**Sliced Egg Roll (V)**

Salad  
Crusty Bread

Madeira Cake† with Fruit

**Red Pesto Chicken Pasta†**  
**Cheese Roll\* (V)**

Salad  
Crusty Bread

Yoghurt

**Ham Sandwich\***  
**Cheese & Tomato Pasta (V)**

Salad  
Crusty Bread

Ice Cream with Fruit

WEEK 4

10th August  
7th September

**Tuna Mayo Finger Roll\***  
**Sweet Chilli Quorn Pasta (V)**

Salad  
Crusty Bread

Banana Loaf with Fruit

**Ham Sandwich\***  
**Egg Mayo Wrap (V)**

Salad  
Crusty Bread

Yoghurt

**Chicken Mayo Finger Roll\***  
**Cheese & Onion Quiche (V)**

Salad  
Crusty Bread

Cheese & Crackers with Fruit

**Chicken & Tomato Pasta**  
**Cheese Mayo Wrap (V)**

Salad  
Crusty Bread

Melon

**Ham Roll\***  
**Cheese & Egg Mayo Finger Roll\* (V)**

Salad  
Crusty Bread

Ice Cream with Fruit

Tayside Contracts believes in providing quality meals using quality ingredients. Where possible we use locally sourced products.

ALL OUR EGGS ARE **FREE RANGE**



ALL OUR FISH PRODUCTS ARE MSC (MARINE STEWARDSHIP COUNCIL) FOR **SUSTAINABILITY**



ALL OUR CHICKEN DISHES ARE MADE USING **RED TRACTOR CHICKEN** OUR LENTILS, PEAS, CHEESE AND OATS ARE **LOCALLY SOURCED** IN SCOTLAND

OUR FRESH FRUIT AND VEGETABLES ARE SOURCED LOCALLY FROM TOTAL PRODUCE AND IS **SCOTTISH** WHERE POSSIBLE

**TotalProduce**  
Let's Grow Together

ALL OF OUR MILK IS LOCALLY SOURCED BY D&D DAIRIES IN CRIEFF



ALL OUR **BUTCHERMEAT IS QMS (QUALITY MEAT SCOTLAND)** OUR MINCE, ROAST BEEF, STEAK, SAUSAGES AND BEEF BURGERS ARE ALL LOCALLY SOURCED BY CAMPBELLS PRIME MEAT IN LINLITHGOW



All nutritional information for Tayside Contracts school meals can be found on our website.



(V) Vegetarian (Ve) Vegan

† May contain Nuts \* May contain Sesame Seeds