

If you're looking for some good resources to help you develop your spiritual life and your relationship with God you might like to consider the following:

<https://spiritualdirection.com/>

or

<https://stpaulcenter.com/>

or

<https://exodus90.com/>

or

<https://www.mag90.com/>



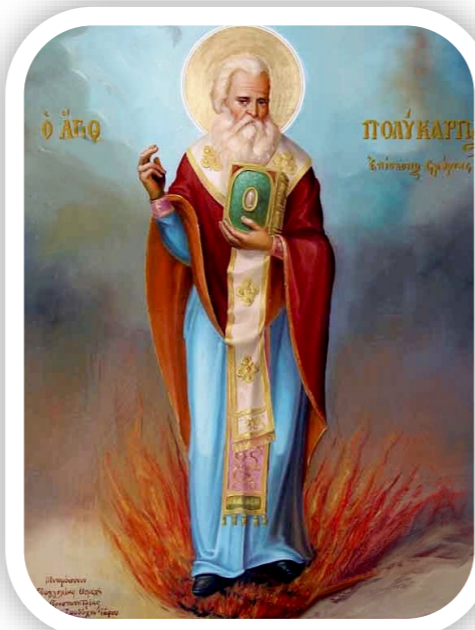
St. Polycarp - Feast Day February 23rd

Polycarp, bishop of Smyrna, disciple of Saint John the Apostle and friend of Saint Ignatius of Antioch, was a revered Christian leader during the first half of the second century.

Saint Ignatius, on his way to Rome to be martyred, visited Polycarp at Smyrna, and later at Troas wrote him a personal letter. The Asia Minor Churches recognized Polycarp's leadership by choosing him as a representative to discuss with Pope Anicetus the date of the Easter celebration in Rome—a major controversy in the early Church.

Only one of the many letters written by Polycarp has been preserved, the one he wrote to the Church of Philippi in Macedonia.

At 86, Polycarp was led into the crowded Smyrna stadium to be burned alive. The flames did not harm him and he was finally killed by a dagger. The centurion ordered the saint's body burned. The "Acts" of Polycarp's martyrdom are the earliest preserved, fully reliable account of a Christian martyr's death. He died in 155.



St. Louis de Montfort on the importance of the Holy Rosary

Our entire perfection consists in being conformed, united and consecrated to Jesus Christ. Hence the most perfect of all devotions is undoubtedly that which conforms, unites and consecrates us most perfectly to Jesus Christ. Now, since Mary is of all creatures the one most conformed to Jesus Christ, it follows that among all devotions that which most consecrates and conforms a soul to our Lord is devotion to Mary, his Holy Mother, and that the more a soul is consecrated to her the more will it be consecrated to Jesus Christ... It would hardly be possible for me to put into words how much Our Lady thinks of the Holy Rosary and of how she vastly prefers it to all other devotions. Neither can I sufficiently express how highly she rewards those who work to preach the devotion, to establish it and spread it, nor on the other hand how firmly she punishes those who work against it... The Rosary is the most powerful weapon to touch the Heart of Jesus, Our Redeemer, who loves His Mother... Never will anyone who says his Rosary every day be led astray. This is a statement that I would gladly sign with my blood.



Parish Newsletter for Our Lady of Lourdes', Perth & St. James', Kinross



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Parish Websites: www.ourladyoflourdesperth.church & www.catholickinross.com

For the weekend of February 19th/20th, 2022

Seventh Sunday in Ordinary Time - Year C



*"Come to me, all of you
who are weary and
loaded down with burdens,
and I will give you rest."*

MATTHEW 11:28

Jesus Christ, our living God, awaits us with the most tender love in the Blessed Sacrament: in Adoration, in the Tabernacle, in Holy Communion. Jesus invites us to spend time in His Presence and to know His blessings. "Come to me", He says to us, "Come to me and learn of my love". Let us respond generously to His invitation.

Please remember in your prayers all the children in both parishes who are preparing for the Sacraments. Please pray especially this week for the children and young people in St. James': Brooke Smith, Patrick O'Hare, Lily Hannah, Jan Munro, Isabella Jackson, Maeve O'Hare and Hugo Flinn. God bless them!



A Daily Prayer to St. Michael the Archangel

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

Times of Holy Mass & Confessions etc.

Monday 21st Feb.	<i>No Public Mass</i>	<i>Mass at Glenochil Prison</i>
	<i>Confessions for Catechism children in St. James' - 4.00p.m. approx.</i>	
Tuesday 22nd Feb.	FEAST OF THE CHAIR OF ST. PETER	
	<u>Our Lady of Lourdes' Parish:</u>	9.15 - 9.45a.m. Holy Rosary 10.00a.m. Holy Mass Confessions after Mass
	<u>St. James' Parish:</u>	7.00p.m. Holy Mass
	1st Holy Communions & Confirmations for Catechism Class children	
	<i>We welcome Bishop Robson for the celebration of the Sacraments, all parishioners are welcome and encouraged to attend. Tea/coffee and biscuits in the church hall afterwards.</i>	
Wednesday 23rd Feb.	Memorial of St. Polycarp	
	<u>St. James' Parish:</u>	9.15 - 9.45a.m. Holy Rosary 10.00a.m. Holy Mass Confessions after Mass
	<u>Our Lady of Lourdes' Parish:</u>	5.45 - 6.45p.m. *Holy Hour (Confessions available) 7.00p.m. Holy Mass
Thursday 24th Feb.	Votive Mass of the Holy Eucharist	
	<u>Our Lady of Lourdes' Parish:</u>	9.15 - 9.45a.m. Holy Rosary 10.00a.m. Holy Mass Confessions after Mass
Friday 25th Feb.	Votive Mass of the Precious Blood of Jesus	
	<u>St. James' Parish:</u>	9.15 - 9.45a.m. Holy Rosary 10.00a.m. Holy Mass Confessions after Mass
Saturday 26th Feb.	8th Week of the Year - C. (Vigil Mass)	
	<u>Our Lady of Lourdes' Parish:</u>	4.15 - 4.45p.m. Confessions 5.00p.m. Vigil Mass
	<u>St. James' Parish:</u>	7.00p.m. Vigil Mass Confessions after Mass
Sunday 27th Feb.	8th Week of the Year - C.	
	<u>St. James' Parish:</u>	9.00a.m. Holy Mass
	<u>Our Lady of Lourdes' Parish:</u>	11.00a.m. Holy Mass
	<u>Kilgraston School, Bridge of Earn:</u>	5.15p.m. Holy Mass <i>(not yet a public Mass)</i>

The Holy Hour will consist of the recitation of the Holy Rosary, Litany of Loreto, silent prayer, and will conclude with Benediction of the Blessed Sacrament. Once the Holy Rosary has been prayed Fr. Martin will be available to hear Confessions.

This Sunday's readings from the Sacred Scriptures: - 7th Sunday, Year C.

A reading from the 1st Book of Samuel 26:2,7-9,11-13,22-23

Do not lift your hand against the Lord's anointed.

Psalm 102(103)

Response: The Lord is compassion and love.

A reading from the 1st Letter of St. Paul to the Corinthians 15:45-49

The first Adam became a living soul; the last Adam, a life-giving spirit.

Alleluia, alleluia!

Open our heart, O Lord,

To accept the words of your Son.

Alleluia!

A reading from the holy Gospel according to Luke 6:27-38

Love your enemies.

2nd Collection today for the Ecclesiastical Students' Fund

Wednesday 2nd March is Ash Wednesday

Ash Wednesday is a day of fasting and abstinence

Ash Wednesday is not a holyday of obligation although you are strongly encouraged to attend Mass to begin the holy season of Lent in a fitting way. On Ash Wednesday, Good Friday, and all Fridays of Lent everyone of age 14 **and up** must abstain from consuming flesh meat. On Ash Wednesday and Good Friday **everyone of age 18 to 59 (inclusive) must fast, unless exempt due to usually a medical reason.** Fasting consists of eating one main meal in the day and two very small snacks that together would not constitute another full meal.

Masses will be at the following times:

St. James', Kinross: 10.00a.m.

Kilgraston School: 2.15p.m. (not currently open to the public)

Our Lady of Lourdes', Perth: 7.00p.m.

Sacramental Celebrations for the children of the parishes:

I'd like to thank parents, catechists, and teachers in the two parishes for the hard work they do in helping to prepare the children for the celebration of the Sacraments. I have spoken to Mrs. Mary Burrows in St. James', and also Mrs. Lynne Mendes and Mrs. Lisa Brown in Our Lady's Primary School to make arrangements for this year's sacramental celebrations, the dates of which follow:

St. James', Kinross:

Confirmations and First Holy Communions at 7.00p.m. on Tuesday 22nd February - Bishop Robson will be celebrating the Sacraments for the children.

Our Lady of Lourdes', Perth:

First Confessions at 2.00p.m. on Friday 4th March

Confirmations at 11.00a.m. on Sunday 3rd April - Bishop Robson will be celebrating the Sacrament for the children. First Holy Communions at 11.00a.m. on Saturday 11th June.