

# NURSERY MENU 2022-23

Fruit and yoghurt available daily.  
Unlimited bread, vegetables and salads daily.

(V) Vegetarian (Ve) Vegan  
\*\* May contain Sesame Seeds

We would love to hear your thoughts  
and suggestions. Please email us at  
schoolmeals@tayside-contracts.co.uk



WEEK COMMENCING	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b> 25th April 7th November 23rd May 5th December 20th June 2nd January 18th July 30th January 15th August 27th February 12th September 27th March 10th October	Breadsticks with Dip (V) Meatballs in Tomato Sauce Quorn Dog Roll** (V) Plain Pasta Peas & Sweetcorn	Roast Beef in Gravy with Yorkshire Pudding Cheese Finger Roll** (V) with Mixed Salad Roast Potatoes Mixed Vegetables Cinnamon Swirl with Fruit (V)	Lentil Soup (Ve) Mild Chicken Curry with Rice Creamy Tomato Pasta (V) Peas	Traditional Mince with Boiled Potatoes Cheese & Tomato Pizza (V) with Pasta Salad Broccoli Chocolate Brownie with Fruit (V)	Salmon Nuggets with Potato Wedges Mild Quorn Korma Curry (V) with Rice Vegetable Medley Ice Cream with Fruit (V)
<b>WEEK 2</b> 4th April 17th October 2nd May 14th November 30th May 12th December 27th June 9th January 25th July 6th February 22nd August 6th March 19th September	Fish in Cheese Sauce with Mashed Potatoes Tomato Pasta (Ve) with Crusty Bread Green Beans Tiffin with Fruit (V)	Tomato Swirl (V) Steak Pie with Boiled Potatoes Cheese Baked Potato (V) Sweetcorn	Chicken Fillet Roll with Mixed Salad Macaroni Cheese (V) with Mixed Salad Ice Cream with Fruit (V)	Vegetable Soup (Ve) Beef Lasagne with Garlic Bread Quorn Dog Roll** (V) with Potato Wedges Carrots & Peas	Cod Fish Fingers with Mashed Potatoes Vegeball in Tomato Sauce (Ve) with Pasta Peas Apple Sponge with Fruit (V)
<b>WEEK 3</b> 11th April 24th October 9th May 21st November 6th June 19th December 4th July 16th January 1st August 13th February 29th August 13th March 26th September	Chicken Fricasse Vegetable Curry (Ve) Rice Peas Marble Sponge with Fruit (V)	Cheese Swirl (V) Mild Chicken Korma Curry with Rice Tomato Pasta (Ve) Broccoli	Spaghetti Bolognese Quorn Stovies (V) Sweetcorn Chocolate Cookie with Fruit (V)	Lentil Soup (Ve) Creamy Ham Pasta Quorn in Gravy (V) with Mashed Potatoes Peas & Carrots	Salmon Nuggets with Potato Wedges Macaroni Cheese (V) Vegetable Medley Vanilla Sponge with Fruit (V)
<b>WEEK 4</b> 18th April 31st October 16th May 28th November 13th June 26th December 11th July 23rd January 8th August 20th February 5th September 20th March 3rd October	Chicken in Gravy with Yorkshire Pudding & Boiled Potatoes Baked Potato with Baked Beans (Ve) Peas & Sweetcorn Mixed Berry Sponge with Fruit (V)	Breadsticks with Dip (V) Salmon Nuggets with Pasta Cheese Sandwich with Mixed Salad (V) Broccoli	Steak Pie with Boiled Potatoes Macaroni Cheese (V) with Mixed Salad Mixed Vegetables Chocolate Cake with Fruit (V)	Lentil Soup (Ve) Creamy Chicken Pasta Vegeballs in Tomato Sauce (Ve) with Pasta Sweetcorn	Hot Filled Chicken Wrap Veggie Nuggets (V) Potato Wedges Peas Baked Beans Jelly with Fruit (Ve)