

Parent Network Scotland



Scottish Parent Academy

Are you a parent? Would you like some time to yourself? Would you like to learn new skills? Parent Network Scotland is an organisation led by parents for parents who offer time and space just for you to learn, share and practice new skills and gain qualifications. Our Scottish Parent Academy is the first step in a learning journey for you that will also support your family and community network.

The newly launched **Scottish Parent Academy** is a community response to building skills/confidence and gaining qualifications that are accessible online and at times to suit families. The Wellbeing Toolkit is a free resource to start your learning journey!

If you would like to find out more about our Free Courses register on our website below or email us to join along to our Introduction Session and meet Lorna who will welcome you.

Join a relaxing Session

To receive the zoom link contact us via email:
info@pns.org.uk

Check out our website at
www.parentnetworkscotland.com fill out
The Parent Academy Registration Form



Come and meet our staff



Scottish Government
Riaghaltas na h-Alba
gov.scot



Parent journey through The Academy

PNS Well Being Toolkit- This course is intended to help all parents/carers whatever the age of the children, culture, background or beliefs about parenting to try new tools to promote health and wellbeing.

Parenting Matters- Accredited by Glasgow Kelvin College, Parenting Matters is a 16-hour course (usually delivered over 8 weeks) for those who are in a parenting role. It aims to build the participants' confidence and self-esteem, enabling them to appreciate and develop their own style of parenting.

PSD (personal social development)- Parents/carers that have completed both Parenting Matters and the Wellbeing Toolkit and are keen to further their learning journey. These sessions offer an opportunity to enhance self and group awareness by giving parents an opportunity to understand and explore their strengths, areas for development and to set individual goals.

Other training available

Parenting Matters Early Years, Peer Support Groups, Parent Coaching with our partners The Kinharvie Institute, Mentoring with our partner Scottish Mentoring Network, Children Development with Kelvin college, Understanding Play Foundation (with our partners With Kids), Parent Mentoring, Play Hub Support, Bookbug Leader training.

Next steps could be:

Community Achievement Award Leading parent groups/hubs within PNS to achieve Community Achievement Awards level 5-9

PNS facilitator Parent/carer on completion of Development Award and Endorsed Award facilitate to parents & Carers PNS program

PNS Play Creative Facilitator On completion of Bookbug and/or play foundation to facilitate play within PNS groups

Employment, Further Education, Volunteering Progression to College/University course or employment

PARENT JOURNEY • Parent Network Scotland
Over 20 years experience supporting family relationships
THE JOURNEY STARTS HERE

