



Education Resources Executive Director Tony McDaid Robert Owen Memorial Primary School Head Teacher Mrs Margo Thomson Robert Owen Memorial Primary

Our ref: NA/MT Your ref: Refuweegee If calling ask for: Mrs Allan Phone: 01555 662486 Date: Tuesday 8<sup>th</sup> March 2022

Dear Parents/Carers,

In light of the current situation taking place in Ukraine, I have been approached by a P7 pupil who is very keen for our school community to make a difference and help those in need.

Our P7 pupil met virtually with the Education Coordinator from the Refuweegee charity on Friday 4<sup>th</sup> March to develop an action plan on how we could make a difference and the items that we could collect.

From this discussion, we have decided to create a P7 leadership group to collect donations to help fill a vehicle to support those who have been immediately effected and to support Refuweegee's work on helping those who have been forced to flee their homes.

For more information about the Refuweegee charity, please click on the following link: <u>Refuweegee Charity</u>

If you have any of the items listed below that you would be willing to donate, please deposit these in the containers which will be placed at the main entrance to the school as of Tuesday 8<sup>th</sup> March or send them to the school with your child, who can hand them into the school office.

- First Aid kits and products
- Blankets, sleeping bags and sleeping mats
- Winter clothes
- Winter coats and raincoats
- Baby formula
- Baby bottles and teats
- Nappies
- Painkillers
- Torches
- Batteries
- Toilettes; soap, shower gel, toothpaste, toothbrush
- Sanitary products
- Toilet roll

Smyllum Road Lanark ML11 7BZ Phone: 01555 662486 Fax: 01555 661513 Email: gw14rompsoffice2@glow.sch.uk Website: www.robertowen-pri.s-lanark.sch.uk











- Towels
- Rubbish bags
- Matches
- Candles •

We are very proud of our P7 Leaders of Learning at ROMPS!

For more information about supporting children in relation to world events, please see the links listed below.

Finally, a massive thank you for your continued support, it is very much appreciated.

Yours sincerely,

N. Allan

Natalie Allan Acting Depute Head Teacher

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Links to Information Supporting Children in Relation to World Events:

Save the children: 5 ways to talk to children about conflict https://www.savethechildren.net/news/ukraine-5-ways-talk-children-about-conflict#

# Child bereavement UK: Supporting children and young people after a frightening event

Helpful advice and sort 2 minute video clip outlining what might help <u>https://www.childbereavementuk.org/information-frightening-</u> <u>events#:~:text=Talking%20about%20the%20things%20that,sensitively%20choosing%20the</u> <u>%20right%20moment</u>.

https://www.youtube.com/watch?v=CxuQLdBjpZc

## Childline

Lots of links to resources for children when they have worries about events going on in the world <u>https://www.childline.org.uk/info-advice/your-feelings/anxiety-stress-panic/worries-about-the-world/</u>

## **Mental Health Foundation**

10 tips for talking to your child about world news https://www.mentalhealth.org.uk/publications/talking-to-your-children-scary-world-news

## Seasons for Growth: A guide to self care and wellbeing during times of uncertainty.

This short 2 page handout focuses on how we can support ourselves and children/young people during times of uncertainty and change <a href="http://www.seasonsforgrowth.org.uk/wp-content/uploads/2020/04/SFG-Toolkit-Selfcare-Times-Uncertainty-COVID19-UK-Email.pdf">http://www.seasonsforgrowth.org.uk/wp-content/uploads/2020/04/SFG-Toolkit-Selfcare-Times-Uncertainty-COVID19-UK-Email.pdf</a>

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## Newsround: Advice if you're upset by the news

Short one minute clip for children https://www.bbc.co.uk/newsround/13865002

## Newsround: The history of Ukraine-Russian tensions

Short two minute clip outlining the history of these two countries <u>https://www.bbc.co.uk/newsround/60513502</u>

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