

RESOURCES & HELP

Coping with the end of Furlough

FOR FALKIRK DISTRICT



DO YOU HAVE CONCERNS ABOUT THE FURLOUGH SCHEME COMING TO AN END SOON?

When the Furlough Scheme comes to an end, it might mean things will change for you: returning to work after a long period at home, changes to your job or some jobs being made redundant.

There is lots of trusted support and information available within the Falkirk District to help you navigate through this change. Please get support if you're worried, having the right information will help you to be ready for any changes.

ARE YOU OUT OF WORK, WANT TO FIND WORK OR RETRAIN?

Employment & Training Unit

1-1 advice and support for: Careers, local jobs, money support, training and certification, health & wellbeing, applications & interviews
01324 504408 or etu@falkirk.gov.uk



www.falkirk.gov.uk/services/jobs-careers/find-a-job/

Skills Development Scotland

Carers information, advice and guidance
100 Manor Street, Falkirk, FK1 1NU

www.myworldofwork.co.uk

WORRIED ABOUT REDUNDANCY?



My World of Work

Advice and information inc. redundancy rights, benefits, getting a job, learning/training, business start up.
Helpline 0800 917 8000
Monday to Friday 9am-5pm

www.myworldofwork.co.uk

Skills Development Scotland

Information on redundancy and support from PACE



<http://bit.ly/SDSPACE>

Apprenticeships.scot

For apprentices made redundant

www.apprenticeships.scot

WORRIED ABOUT YOUR MENTAL WELLBEING?



NATIONAL HELPLINES

NHS 24

Call 111, 24/7 support

Breathing Space

Call 0800 838587
Mon-Thu 6pm-2am, Fri-Mon 6pm-6am

Samaritans

Call 116 123, 24/7 support

LOCAL SUPPORT

Your Doctor or GP Surgery

FDAMH

Mental Health Charity in Falkirk, Call 01324 671600
Mon to Thu 9am-5pm, Fri 9am-4pm
www.fdamh.org.uk

WORRIED ABOUT MONEY? FREE, CONFIDENTIAL, IMPARTIAL ADVICE



Welfare Benefit Service

Claiming benefits and appeals
01324 506070
cas@falkirk.gov.uk



www.falkirk.gov.uk/welfarebenefitsreferral

Falkirk Council Advice & Support Hubs

Council Tax, rent and benefits advice
Central: 01324 501480
centralhub@falkirk.gov.uk
East: 01324 501900
easthub@falkirk.gov.uk
West: 01324 508616
westhub@falkirk.gov.uk

Debt Advice Service

All types of debt
01324 506735
debtadvice@falkirk.gov.uk

Money support while out of work



www.gov.uk/universal-credit

www.gov.uk/browse/benefits/looking-for-work



Citizens Advice Bureau

Advice on benefits, debt, money, and housing
Denny & Dunipace:
01324 829160
bureau@dennycab.casonline.org.uk
Falkirk: 01324 626070
bureau@falkirkcab.casonline.org.uk
Grangemouth & Bo'ness:
01324 666935
adviser@grangemouthcab.casonline.org.uk