

Some parents/home learning might be helped by these...for children with ASN.
Shared by Michelle Calder, Outreach support

Social story about Covid-19

<https://theautismeducator.ie/wp-content/uploads/2020/03/The-Corona-Virus-Free-Printable-Updated-2-The-Autism-Educator-.pdf>

COPYWRITE doesn't allow to share unless on Social Media

Coronavirus virtual social story:

<https://www.youtube.com/watch?v=EktsYF-spzY>

<https://www.youtube.com/watch?v=CT4NyyWJfxw>

Apps to support social communication difficulties (ASD etc), emotional regulation and social understanding.

<https://braininhand.co.uk/>

<https://apps.apple.com/us/app/puppet-pals-hd/id342076546>

<https://speechtimefun.com/socially-speaking-app-review/>

<https://apps.apple.com/us/app-bundle/emotions-apps/id917683479>

<https://apps.apple.com/us/app/first-then-visual-schedule/id355527801>

Yoga - <https://www.cosmickids.com/>

Exercise - <https://app.gonoodle.com/>

Comic strip conversations <https://www.autism.org.uk/about/strategies/social-stories-comic-strips.aspx>

<https://apps.apple.com/gb/app/understanding-autism/id1446720237>

ADHD apps;

<https://www.healthline.com/health/adhd/top-iphone-android-apps#evernote>

<https://www.healthline.com/health/adhd/top-iphone-android-apps#wunderlist>

Mental health;

<https://www.headspace.com/>

<https://www.moodjuice.scot.nhs.uk/>

<https://www.happify.com/>

Anxiety;

<https://www.verywellmind.com/best-mental-health-apps-4588479#best-for-anxiety>

<https://www.calm.com/>